



# Red Hill Farm Member Handbook



## Welcome, Farm Member!

### Who grows my food?

Lilley is the farm manager. Additional help is provided by two additional farmers, workshare members, and volunteers.

- We strive to be good stewards of the land by utilizing sustainable farming practices.
- We believe healthy soils are integral to healthy food and healthy people.
- We use compost, cover crops, and crop rotations to build soil fertility.
- We grow without synthetic fertilizers, pesticides, or herbicides.
- We encourage an ecosystem of native wildflowers, birds, and pollinators.
- We encourage a sense of place by reconnecting people with the land and with each other through community events on the farm.



- Park in the designated parking area below the two sheds at the end of the driveway. Please do not park on grass, in driveways, or in front of the sheds or the barn. We will be working while you pick up your share and need access to these areas. If you have special needs/limited mobility, please let us know so we can plan for you to park closer to the barn.
- Your farm share can be picked up inside the barn. Simply sign in, reference the large white board, and gather the designated amounts of each vegetable. Check the white board for items available in the U-Pick Garden and head out to the field.
- Sign in on the sign-in sheet each week. The total harvest each day is equally divided among the members picking up, so **it is important to stick to your day**. Share items and amounts will be posted on a large white board as well as on each bin, so you know how much of each crop to take. U-Pick quantities are also listed on the white board. A farmer will be in or near the share room to help answer questions and restock produce as needed.
- Please bring your own bags/containers. Paper, plastic, and cloth all work great or even a box will do for picking up your produce. If you have an abundance of bags at home, feel free to bring them for other members to use. We don't supply bags. U-Pick pint/quart containers are provided but we ask that you transfer items to a bag so other members can reuse them. If you take them home by accident, please bring them back later. Some members like to bring a cooler to keep vegetables cool and crisp. Others bring a vase to fill with water for flowers.
- Pick up only on your designated day between the hours of 1 P.M. – 6:00 P.M. If you are unable to pick up on your scheduled day, we invite you to find someone else to pick up your share for the week. **We are not able to switch your pickup day. If you or someone else is not able to pick up your share, please let us know.**
- Give yourself plenty of time for U-Pick and remember that the farmer locks the farm gate at 6:00 P.M.



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**NO SMOKING!** Tobacco Mosaic Virus is a prolific fungal disease that affects tomato plants and can wipe out an entire crop. It is transferred by physical contact of tobacco residue with a wound on the plant. Wounds happen naturally and frequently when harvesting or brushing up against plants. Smoking is not permitted anywhere (including the parking lot) on the farm. **Smokers, WASH YOUR HANDS before entering the U-Pick area.**

- If you split a farm share, pick up your share in its entirety at one time. You may not leave half a share in the share room for your partner to pick up. Some people come together to split the share, others alternate weeks. It is your responsibility to communicate with your share partner regarding the pickup schedule. If you are the primary shareholder, please remember to relay any information that you may receive throughout the year to your share partner.
- Pick only in the designated U-Pick areas and only the designated amounts. U-Pick crops are located throughout the farm. U-Pick crops and quantities will be posted on the white board in the barn. Please walk carefully in the aisles when harvesting U-Pick crops. Please use scissors/clippers for cutting the stems to avoid injuring the plants and harvest evenly from many plants rather than taking a lot from one plant.

## What else is in the share room for me?

- **Surplus Table:** If there is more produce in a share than you need or crops that you dislike, place them on the Surplus Table. Feel free to take items you'd like from this table as well.
- **First Aid Kit:** Bees and other stinging insects help pollinate. If you locate a nest or notice aggressive behavior, let us know. There is a first-aid kit with sting supplies as well as bandages in the barn. Please ask a farmer for help if needed.



## How do I volunteer?

If you are interested in setting up a volunteer shift in the fields, please contact the farm office at (610) 558-6799. We enjoy connecting and sharing the farm with you through the joys of farm work done together.