



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

National YMCA High Performance Training Camp presented by the National YMCA Coaches Association

Selection Process: The swimmers are selected off their performance at YMCA Short Course Nationals. The committee looks at all events swam and overall place to select the individuals with the lowest score.

What happens at the Camp: The swimmers meet other top YMCA swimmers from around the country and share in goal setting, classroom work, video review of their strokes, and much more.

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| August 2009 | Tommy Rhoads was selected as one of twenty four YMCA Athletes to attend this camp in Colorado Springs at the Olympic Training Center. |
| August 2010 | James Logan & John Quagliariello were selected as two of the forty YMCA Athletes to attend this camp in Colorado Springs at the Olympic Training Center. |
| August 2011 | Tara O'Prey was selected as one of the forty YMCA Athletes to attend this camp at the Sarasota YMCA in Sarasota, FL. |
| September 2012 | McKenzie Street was selected as one of the twenty four YMCA Athletes to attend this camp in Fort Lauderdale at the Swimming Hall of Fame. |