



On March 1, 2024 the CDC released [updated recommendations](#) for how people can protect themselves and their communities from respiratory viruses, including COVID-19. The new guidance brings a unified approach to addressing risks from a range of common respiratory viral illnesses, such as COVID-19, flu, and RSV. In response to this announcement, we remind early learning and school age families of the following measures outlined in the Family Handbook.

General Illness-If your child has a fever or does not feel well enough to attend a full day of school activities, keep them at home until they are fever free for 24 hours without fever reducing medications and symptoms are greatly resolved.

Masking - **MASKS OPTIONAL** for all YMCA programs/services and staff. No one will be chastised for choosing to wear a mask to protect themselves or others.

Children displaying any symptoms of illness throughout the course of the day will be sent home and remain home until symptoms are resolved. The Center Director will determine if a child is too ill to remain in the program.