

YMCA of Eastern Delaware County



Early Fall Arts/Sports & Swim

**REGISTRATION
OPENS**

**Monday, Aug 4
(Members)
Wednesday, Aug 6
(All)**

**www.cyedc.org
610.557.9622**

**ARTS/SPORTS PROGRAMS
MONTHLY SESSION DATES:
SEPTEMBER: 9.2 - 9.28.2025
OCTOBER: 9.29 - 10.26.2025**

**SWIM LESSON PROGRAM SESSION DATES:
SEPTEMBER 2 - OCTOBER 26, 2025**



**LANSDOWNE YMCA
2110 GARRETT ROAD
LANSDOWNE, PA 19050
610.557.YMCA (9622) EXT. 1**

**RIDLEY AREA YMCA
900 SOUTH AVENUE
SECANE, PA 19018
610.557.YMCA (9622) EXT. 2**

**SPRINGFIELD YMCA
194 W. SPROUL RD
SPRINGFIELD, PA 19064
610.557.YMCA (9622) EXT. 3**

LANSDOWNE YMCA SWIM LESSONS

**SEPTEMBER 2 –
OCTOBER 26, 2025**



**8 WEEK SESSION:
PARENT/CHILD,
PRESCHOOL/INVINC-ABILITY
MEMBER \$84
NON-MEMBER \$168
SCHOOL AGE/TEEN/ADULT
MEMBER \$126
NON-MEMBER \$252**



MONDAY

Parent & Child	4 – 4:30pm
Preschool 1	4– 4:30pm
Preschool 2	4–4:30pm
School Age 1	4:35 – 5:15pm
School Age 2	4:35 – 5:15pm
School Age 3	4:35 – 5:15pm
Adult	9 – 9:40am 11 – 11:40am

TUESDAY

Adult	11 – 11:40am
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WEDNESDAY

Preschool 1	4 – 4:30pm
Preschool 2	4 – 4:30pm
Preschool 3	4 – 4:30pm
School Age 1	4:35 – 5:15pm
School Age 2	4:35 – 5:15pm
School Age 4	4:35 – 5:15pm
Adult	9 – 9:40am 11 – 11:40am
Invinc-abilities	3:30 – 4pm

THURSDAY

Adult	11 – 11:40am
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FRIDAY

Preschool 1	4 – 4:30pm
School Age 1	4 – 4:40pm
School Age 3	4 – 4:40pm
School Age 5	4:45 – 5:25pm
Teen	4:45 – 5:25pm
Adult	9 – 9:40am 11 – 11:40am 4:45 – 5:25pm

SATURDAY

Parent & Child	8:40 – 9:10am
Preschool 1	8:40 – 9:10am 10 – 10:30am 11:20 – 11:50am
Preschool 2	8:40 – 9:10am 10 – 10:30am 11:20 – 11:50am
Preschool 3	10 – 10:30am 11:20 – 11:50am
School Age 1	9:15 – 9:55am 10:35 – 11:15am 12:45 – 1:25pm
School Age 2	9:15 – 9:55am 10:35 – 11:15am 11:55 – 12:35pm
School Age 3	9:15 – 9:55am 11:55 – 12:35pm
School Age 4	10:35 – 11:15am
School Age 5	11:55 – 12:35pm
Teen	12:45 – 1:25pm
Adult	12:45 – 1:25pm

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LEARN MORE:

Chris Blakney
Aquatics Director
610.259.1661, ext. 3013
610.713.5244 Direct
cblakney@cyedc.org

Taylor Deniken
Association Aquatics Director
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610.713.5255 Direct
tdeniken@cyedc.org



RIDLEY AREA YMCA SWIM LESSONS

SEPTEMBER 2 –
OCTOBER 26, 2025



8 WEEK SESSION:
PARENT/CHILD,
PRESCHOOL/INVINC-ABILITY
MEMBER \$84
NON-MEMBER \$168
SCHOOL AGE/TEEN/ADULT
MEMBER \$126
NON-MEMBER \$252



MONDAY

School Age 4 7:45 – 8:25pm
Adult 8:30 – 9:10pm

THURSDAY

School Age 1 4 – 4:40pm
School Age 2 4:45 – 5:25pm
School Age 3 5:30 – 6:10pm

SATURDAY

Parent & Child 8:10 – 8:40am
Preschool 1 8:50 – 9:20am
Preschool 2 8:50 – 9:20am
Preschool 3 8:50 – 9:20am
School Age 1 9:25 – 10:05am
School Age 2 9:25 – 10:05am
School Age 3 9:25 – 10:05am
Preschool 1 10:10 – 10:40am
Preschool 2 10:10 – 10:40am
Preschool 3 10:10 – 10:40am
School Age 1 10:45 – 11:25am
School Age 2 10:45 – 11:25am
School Age 3 10:45 – 11:25am
School Age 1 11:30 – 12:10pm
Teen 11:30 – 12:10pm
Preschool 1 11:30 – 12:00pm
School Age 4 12:15 – 12:55pm
School Age 5 12:15 – 12:55pm
Adult 12:15 – 12:55pm

TUESDAY

Preschool 1 4 – 4:30pm
Preschool 2 4:35 – 5:05pm
Preschool 1 5:10 – 5:40pm
Preschool 3 5:45 – 6:15pm

FRIDAY

Parent/Child 9:45 – 10:15am
Adult 10:20 – 11:00am

WEDNESDAY

School Age 5 7:45 – 8:25pm
Teen 8:30 – 9:10pm

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LEARN MORE:

Taylor Deniken
Association Aquatics Director
610.638.1270 ext. 3032
610.713.5255 Direct
tdeniken@cyedc.org



SPRINGFIELD YMCA SWIM LESSONS

SEPTEMBER 2 –
OCTOBER 26, 2025



8 WEEK SESSION:
PARENT/CHILD,
PRESCHOOL/INVINC-ABILITY
MEMBER \$84
NON-MEMBER \$168
SCHOOL AGE/TEEN/ADULT
MEMBER \$126
NON-MEMBER \$252



MONDAY

Preschool 1	5:30 – 6pm
Preschool 2	5:30 – 6pm
School Age 1	4:45 – 5:25pm
School Age 2	4:45 – 5:25pm
School Age 3	6 – 6:40pm
School Age 4/5	6 – 6:40pm

WEDNESDAY

Preschool 1	5:30 – 6pm
School Age 1	4:45 – 5:25pm
School Age 2	4:45 – 5:25pm
School Age 4/5	6 – 6:40pm

SATURDAY

Parent & Child	9am – 9:30am
Preschool 1	9:30 – 10am
Preschool 2	9:30 – 10am
Preschool 3	10:45 – 11:15am
Preschool 4	10:45 – 11:15am
School Age 1	10 – 10:40am
School Age 2	10 – 10:40pm
School Age 3	11:15 – 11:55am
School Age 4/5	11:15 – 11:55am

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LEARN MORE:

Nikki Smith
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nsmith@cyedc.org

Taylor Deniken
Association Aquatics Director
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tdeniken@cyedc.org



RIDLEY AREA YMCA ARTS & SPORTS



MONTHLY SESSIONS
Member \$63 Non-member \$126
SEPTEMBER:
9.2 - 9.28.2025
OCTOBER:
9.29 - 10.26.2025



MONDAY



Science Seekers Explore & Experiment!
12:30 - 1:15pm
3 years - 6 years
Kitchen

MONDAY



Let's Tumble Balance, Strength & Agility!
1:30 - 2:15pm
3 years - 6 years
Gym A

MONDAY



Soccer Stars Learn FUNDamentals!
6:10 - 6:40pm
4 years - 7 years
Gym A

TUESDAY



Arts & Crafts Create with friends!
12:30 - 1:15pm
3 years - 6 years
Kitchen

TUESDAY



Soccer Learn FUNDamentals!
1:30 - 2:15pm
3 years - 6 years
Gym A

TUESDAY



Super Slime Icky fun, no mess at home!
6:15 - 7pm
3 years - 6 years
Kitchen

WEDNESDAY



Basketball Dribble, Pass, and Play!
12:30 - 1:15pm
3 years - 6 years
Gym A

WEDNESDAY



Music Makers Explore Instruments & Sounds!
1:30 - 2:15pm
3 years - 6 years
Kitchen

WEDNESDAY



Basketball Dribble, Pass, and Play!
6:10 - 6:40pm
8 years - 12 years
Gym A

THURSDAY



All Sports Expose your child to a variety of sports.
12:30 - 1:15pm
3 years - 6 years
Gym A

THURSDAY



Little Chefs Make tasty treats following recipes.
1:30 - 2:15pm
3 years - 6 years
Kitchen

THURSDAY



Little Chefs Make tasty treats following recipes.
6:15 - 7pm
4 years - 8 years
Kitchen

FRIDAY



Play Group 9 - 9:30am Birth - 3 years Gym A **NO COST!** Socialize, connect with other children & parents!

SATURDAY



Let's Tumble Balance, Strength & Agility!
9 - 9:35pm
4 years - 8 years
Gym A

SATURDAY



Basketball Dribble, Pass, and Play
9:50 - 10:30pm
4 years - 8 years
Gym A

LEARN MORE:
Haley Russo
Youth Development Director
610.544.1080, ext. 2208
484.479.3401
hruusso@cyedc.org

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RIDLEY AREA YMCA ARTS & SPORTS



MONTHLY SESSIONS
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9.2 – 9.28.2025
OCTOBER:
9.29 – 10.26.2025



LEARN MORE: Haley Russo

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610.544.1080, ext. 2208
484.479.3401
hruosso@cyedc.org

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PARENT'S NIGHT OUT PIXIES & PIRATES PARTY

Includes Pizza & Juice Box

FRIDAY, SEPTEMBER 12
6-9PM

Ages 4 – 12 years

\$20 member, \$40 non-member



TRUNK OR TREAT

FRIDAY, OCTOBER 24
6:30-8pm

Ages 1 – 12 years

\$10 member, \$20 non-member



SPRINGFIELD YMCA GYMNASTICS & ARTS

MONTHLY SESSIONS
Member \$63 Non-member \$126

SEPTEMBER:
9.2 - 9.28.2025
OCTOBER:
9.29 - 10.26.2025



TUESDAY

Gymnastics Level I

1:00 - 1:45pm Balance, Strength & Agility.

4 years - 5 years

Gymnastics Room



TUESDAY

Me & You Gymnastics

2:00 - 2:30pm

2 years - 3 years

Gymnastics Room



Balance, Strength & Agility
with a parent/caregiver!

TUESDAY

Gymnastics Level II

Invitation Only

Balance, Strength & Agility.

4:00 - 4:45pm

9 years - older

Gymnastics Room



TUESDAY

Wacky Science

4:00 - 4:45pm

5 years - 8 years

Child Watch Room

Fun Experiments,
Wacky Results



**NEW
ADDITIONS
COMING
SOON!**

THURSDAY

Gymnastics Level I

4:00 - 4:45pm

Balance, Strength & Agility

6 years - 10 years

Gymnastics Room



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PRIVATE LESSONS

SEMI - PRIVATE LESSONS

30 Minutes

\$40 Member

\$80 Non-member

45 Minutes

\$60 Member

\$120 Non-member

4-pack of privates

30 Minutes

\$120 Member

\$240 Non-member

45 Minutes

\$180 Member

\$240 Non-Member

30 Minutes (Each participant)

\$30 Member

\$60 Non-member

40 Minutes (Each participant)

\$45 Member

\$90 Non-member

4-pack of semi-privates (Each participant)

30 Minutes

\$90 Member

\$180 Non-member

45 Minutes

\$135 Member

\$270 Non-Member

PRIVATE LESSONS



GYMNASTICS

LEARN Jordan Schoenbeck
MORE: Youth Development Director
610.557.YMCA(9622), ext. 5009
610.557.9820 Direct
jschoenbeck@cyedc.org

SPRINGFIELD YMCA

Youth Sports



MONTHLY SESSIONS
Member \$63 Non-member \$126

SEPTEMBER:
9.2 - 9.28.2025

OCTOBER:
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TUESDAY

Fall Baseball League (8 weeks)

5:15pm and 7:15pm

Ages 4 - 7

Blue Turf

Introduce and familiarize young athletes with the essential fundamentals of baseball.

**COACH PITCH/
BATTING TEE!**

**GAME
PLAY**

WEDNESDAY

Sports Sampler Ages 3 - 5 years

5:15 to 6:00pm

Blue Turf

Exposes young athletes to a variety of sports.

THURSDAY

Basketball Clinic

Ages 6 to 9 at 5-5:45pm

Ages 10 to 13 at 6-6:45pm

Court B

Dribble, pass, shoot, score, and use teamwork!



THURSDAY

Softball Clinic Ages 8 -12

5:15 to 6:00pm

Blue Turf

Join us for an enjoyable and interactive Youth Softball Clinic tailored specifically for beginners!

LEARN MORE: Trevor Gasiorowski
Sports Director
610.557.YMCA(9622), ext. 5013
610.557.9826 Direct
tgasiorowski@cyedc.org



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SATURDAY

Basketball Clinic

Dribble, pass, shoot, score, and use teamwork!

Ages 2 to 3 at 12-12:45pm Tennis Court #10

Parent participation encouraged

Ages 4 to 6 at 1-1:45pm Tennis Court #10



SATURDAY

Volleyball Clinic

11-11:45am

Ages 3 to 5

Tennis Court #10

Through fun activities and games, players will be taught the basics of volleyball.

SATURDAY

Soccer Clinics

9-9:45am

A focus on soccer basics, teamwork and sportsmanship. Players learn core fundamentals.

Ages 5 to 8

10-10:45am

Ages 9 to 12

Blue Turf



SPRINGFIELD YMCA

Adult Basketball Leagues



ADULT BASKETBALL LEAGUES

18+ LEAGUE

Mondays

September 15th – November 24th

Games played between 7 to 9pm

8 regular season games & playoffs

No T-shirt uniforms. YMCA pinnies provided.

\$80/member fee



LEARN MORE: Trevor Gasiorowski
Sports Director
610.557.YMCA(9622), ext. 5013
610.557.9826 Direct
tgasiorowski@cyedc.org

45+ 3 V 3 LEAGUE

Tuesdays September 16th – November 25th

Games played between 6:30 to 8:30pm

Team T-shirt

\$65/member fee

40+ LEAGUE

Wednesdays September 17th – December 3rd

Games played between 7 to 9pm

No Games – November 26th Thanksgiving Eve

Team T-Shirt

\$110/member fee

ADULT 1 V 1 BASKETBALL TOURNAMENT 18+

Open to Men and Women

Saturday September 6th

12 to 3pm

\$10 to Play! Members only

Prizes for 1st, 2nd, 3rd place



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SPRINGFIELD YMCA the Pickleball

MONTHLY SESSIONS
SEPTEMBER:
9.2 – 9.28.2025
OCTOBER:
9.29 – 10.26.2025



Monday

BEGINNER LEVEL 1 PICKLEBALL CLINIC

9am to 10:30am

\$75 member, \$150 non-member

Monday

ADVANCED BEGINNER LEVEL 2 PICKLEBALL CLINIC

10:30am to 12:00pm

\$75 member, \$150 non-member

Monday

ADVANCED BEGINNER LEVEL 2 PICKLEBALL CLINIC

5:30pm to 7:00pm

\$75 member, \$150 non-member

Monday

INTERMEDIATE LEVEL 3 PICKLEBALL CLINIC

7:00pm to 8:30pm

\$75 member, \$150 non-member

Tuesday

DINKS, DROPS, & DRIVES LEVEL 4 PICKLEBALL CLINIC

5:30 to 7:00pm

\$75 member, \$150 non-member

Tuesday

ADVANCED (4.0+) LEVEL 5 PICKLEBALL CLINIC

7:00pm to 8:30pm

For experienced players that want more than just pickup games.

\$75 member, \$150 non-member

LEARN MORE:

Trevor Gasiorowski

Sports Director

610.557.YMCA(9622), ext. 5013

610.557.9826 Direct

tgasiorowski@cyedc.org



Thursday

ADVANCED BEGINNER LEVEL 2 PICKLEBALL CLINIC

9am to 10:30am

\$75 member, \$150 non-member

Thursday

INTERMEDIATE LEVEL 3 PICKLEBALL CLINIC

10:30am to 12:00pm

\$75 member, \$150 non-member

Thursday

BEGINNER LEVEL 1 PICKLEBALL CLINIC

5:30pm to 7:00pm

\$75 member, \$150 non-member

Thursday

INTERMEDIATE LEVEL 3

Pickleball Clinic

7:00pm to 8:30pm. \$75 member, \$150 non-member

Saturday

PADDLE PALS PICKLEBALL CLASS

9am to 10am Ages 5 to 8

One adult per child must participate.

\$50 member, \$100 non-member

This adult-and-child class introduces young players to the exciting game of pickleball in a fun, supportive setting. This is the perfect place to paddle up together. No prior experience needed.

NEXT GENERATION PICKLERS

10am to 11am Ages 9 to 12

\$50 member, \$100 non-member

For kids ready to take their pickleball skills to the next level, Next Gen Picklers build on the basics with drills for shot selection, serving technique, and strategic movement all while participating in fun match play. Perfect for kids who've had a taste of the game and are hungry for more!

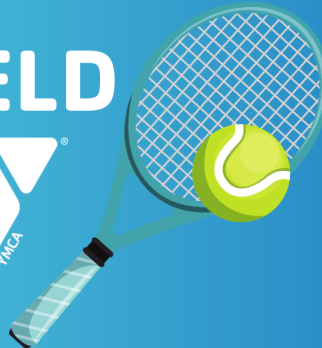
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SPRINGFIELD YMCA TENNIS



MONTHLY SESSIONS
SEPTEMBER:
9.2 – 9.28.2025
OCTOBER:
9.29 – 10.26.2025

MONDAY ADULT LIVE BALL

7:00pm to 8:30pm

\$30 Drop in Member Fee

TUESDAY HIGH SCHOOL DEVELOPMENT

Ages 12+. 5:30 to 7:00pm

\$150 Member, \$300 Non-Member



WEDNESDAY

Red Ball 4–4:45pm \$75 Member, \$150 Non-Member

Orange Ball 5–6pm \$100 Member, \$200 Non-Member

Green Ball 6–7pm \$100 Member, \$200 Non-Member

LEARN MORE: Trevor Gasiorowski
Sports Director
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610.557.9826 Direct
tgasiorowski@cyedc.org

SATURDAY

Cardio Tennis 9–10:30am \$30 Drop in Member Fee

Red Ball 10:30–11:15am \$75 Member, \$150 Non-Member

Orange Ball 11:30am–12:30pm \$100 Member, \$200 Non-Member

Green Ball 12:30–1:30pm \$100 Member, \$200 Non-Member

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