

YMCA of Eastern Delaware County



LATE FALL ARTS/SPORTS & SWIM

REGISTRATION
OPENS
Monday, Sept. 22
(Members)
Wednesday, Sept. 24
(All)

www.cyedc.org
610.557.9622

ARTS/SPORTS PROGRAMS
MONTHLY SESSION DATES:
NOVEMBER: 10.27 – 11.23.2025
DECEMBER: 11.24 – 12.21.2025

SWIM LESSON PROGRAM
SESSION DATES:
OCTOBER 27 – DECEMBER 21, 2025

LANSDOWNE YMCA
2110 GARRETT ROAD
LANSDOWNE, PA 19050
610.557.YMCA (9622) EXT. 1

RIDLEY AREA YMCA
900 SOUTH AVENUE
SECANE, PA 19018
610.557.YMCA (9622) EXT. 2

SPRINGFIELD YMCA
194 W. SPROUL RD
SPRINGFIELD, PA 19064
610.557.YMCA (9622) EXT. 3



LANSDOWNE YMCA **SWIM LESSONS**

SESSION DATES:
OCTOBER 27 –
DECEMBER 21, 2025



8 WEEK SESSION:
PARENT/CHILD, PRESCHOOL
MEMBER \$84
NON-MEMBER \$168

SCHOOL AGE/TEEN/ADULT
MEMBER \$126
NON-MEMBER \$252



MONDAY

Parent & Child	4 – 4:30pm
Preschool 1	4– 4:30pm
Preschool 2	4–4:30pm
School Age 1	4:35 – 5:15pm
School Age 2	4:35 – 5:15pm
School Age 3	4:35 – 5:15pm
Adult	9 – 9:40am 11 – 11:40am

TUESDAY

Adult	11 – 11:40am
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WEDNESDAY

Preschool 1	4 – 4:30pm
Preschool 2	4 – 4:30pm
Preschool 3	4 – 4:30pm
School Age 1	4:35 – 5:15pm
School Age 2	4:35 – 5:15pm
School Age 4	4:35 – 5:15pm
Adult	9 – 9:40am 11 – 11:40am
Invinc-abilities	3:30 – 4pm

THURSDAY

Adult	11 – 11:40am
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FRIDAY

Preschool 1	4 – 4:30pm
School Age 1	4 – 4:40pm
School Age 3	4 – 4:40pm
School Age 5	4:45 – 5:25pm
Teen	4:45 – 5:25pm
Adult	9 – 9:40am 11 – 11:40am 4:45 – 5:25pm

SATURDAY

Parent & Child	8:40 – 9:10am
Preschool 1	8:40 – 9:10am 10 – 10:30am 11:20 – 11:50am
Preschool 2	8:40 – 9:10am 10 – 10:30am 11:20 – 11:50am
Preschool 3	10 – 10:30am 11:20 – 11:50am
School Age 1	9:15 – 9:55am 10:35 – 11:15am 12:45 – 1:25pm
School Age 2	9:15 – 9:55am 10:35 – 11:15am 11:55 – 12:35pm
School Age 3	9:15 – 9:55am 11:55 – 12:35pm
School Age 4	10:35 – 11:15am
School Age 5	11:55 – 12:35pm
Teen	12:45 – 1:25pm
Adult	12:45 – 1:25pm

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(All)

www.cyedc.org
 610.557.9622

LEARN MORE:

Chris Blakney
 Aquatics Director
 610.259.1661, ext. 3013
 610.713.5244 Direct
cblakney@cyedc.org



RIDLEY AREA YMCA SWIM LESSONS

SESSION DATES:

OCTOBER 27 –
DECEMBER 21, 2025



8 WEEK SESSION:
PARENT/CHILD, PRESCHOOL
MEMBER \$84
NON-MEMBER \$168

SCHOOL AGE/TEEN/ADULT
MEMBER \$126
NON-MEMBER \$252



MONDAY

Preschool 1	4 – 4:30pm
Preschool 2	4 – 4:30pm
School Age 1	4:35 – 5:15pm
School Age 2	4:35 – 5:15pm
School Age 4	7:05 – 7:45pm
Adult	11:35 – 12:15pm
Adult	7:50 – 8:30pm

TUESDAY

Preschool 1	4 – 4:30pm
Preschool 3	4 – 4:30pm
School Age 1	4:35 – 5:15pm
School Age 3	4:35 – 5:15pm
School Age 5	5:20 – 6pm
Teen	5:20 – 6pm

WEDNESDAY

Preschool 1	4 – 4:30pm
Preschool 2	4 – 4:30pm
School Age 1	4:35 – 5:15pm
School Age 2	4:35 – 5:15pm
School Age 5	7:05 – 7:45pm
Adult	7:50 – 8:30pm

THURSDAY

Preschool 1	4 – 4:30pm
Preschool 2	4 – 4:30pm
School Age 1	4:35 – 5:15pm
School Age 2	4:35 – 5:15pm
School Age 3	5:20 – 6pm
School Age 4	5:20 – 6pm

FRIDAY

Parent & Child	9:45 – 10:15am
Adult	10:20 – 11:00am

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SATURDAY

Parent & Child	8:10 – 8:40am
Preschool 1	8:50 – 9:20am
Preschool 1	10:10 – 10:40am
Preschool 2	8:50 – 9:20am
Preschool 2	10:10 – 10:40am
Preschool 2	12:15 – 12:45pm
Preschool 3	8:50 – 9:20am
Preschool 3	10:10 – 10:40am
Preschool 3	12:15 – 12:45pm
School Age 1	9:25 – 10:05am
School Age 1	10:45 – 11:25am
School Age 2	9:25 – 10:05am
School Age 2	10:45 – 11:25am
School Age 3	9:25 – 10:05am
School Age 3	11:30 – 12:10pm
School Age 4	9:25 – 10:05am
School Age 4	11:30 – 12:10pm
School Age 5	10:45 – 11:25am
School Age 5	11:30 – 12:10pm
Teen	10:45 – 11:25am
Teen	12:15 – 12:55pm
Adult	11:30 – 12:10pm
Adult	12:15 – 12:55pm

LEARN MORE:

Claudia Kaich

Ridley Area Aquatics Director

610.544.1080, ext. 2225

484.479.3407 Direct

ckaich@cyedc.org



SPRINGFIELD YMCA SWIM LESSONS

SESSION DATES:

OCTOBER 27 –
DECEMBER 21, 2025



8 WEEK SESSION:
PARENT/CHILD, PRESCHOOL
MEMBER \$84
NON-MEMBER \$168

SCHOOL AGE/TEEN/ADULT
MEMBER \$126
NON-MEMBER \$252



MONDAY

Preschool 1	4:45 – 5:15pm
Preschool 2	4:45 – 5:15pm
Preschool 3	5:30 – 6pm
Preschool 4	5:30 – 6pm
School Age 1	5:20 – 6pm
School Age 2	5:20 – 6pm
School Age 3	6:05 – 6:45pm
School Age 4/5	6:05 – 6:45pm

WEDNESDAY

Preschool 1	4:45 – 5:15pm
Preschool 2	4:45 – 5:15pm
Preschool 3	5:20 – 5:50pm
School Age 2	5:20 – 6:00pm
School Age 3	6:05 – 6:45pm
School Age 4/5	6:05 – 6:45pm

SATURDAY

Parent & Child	9am – 9:30am
Preschool 1	9:35 – 10:05am
Preschool 2	9:35 – 10:05am
Preschool 3	10:10 – 10:40am
Preschool 4	10:10 – 10:40am
School Age 1	10:45 – 11:25am
School Age 2	10:45 – 11:25pm
School Age 3	11:25 – 12:05pm
School Age 4/5	11:25 – 12:05pm

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(All)

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610.557.9622



LEARN MORE:

Nikki Smith
Aquatics Director
610.557.9825 Direct
nsmith@cyedc.org

Taylor Deniken
Association Aquatics Director
610.638.1270 ext. 3032
610.713.5255 Direct
tdeniken@cyedc.org



LANSDOWNE YMCA TRUNK OR TREAT



www.cyedc.org
610.557.9622



TUESDAY **OCTOBER 28**
6:30PM – 8PM

\$8 MEMBER
\$16 NON-MEMBER

REGISTRATION
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RIDLEY AREA YMCA

ARTS & SPORTS



MONTHLY SESSIONS

Member \$63 Non-member \$126

MONTHLY SESSION DATES:

NOVEMBER: 10.27 - 11.23.2025

DECEMBER: 11.24 - 12.21.2025



MONDAY



Science Seekers

Explore & Experiment!

12:30 - 1:15pm

3 years - 6 years

Kitchen

TUESDAY



Arts & Crafts

Create with friends!

12:30 - 1:15pm

3 years - 6 years

Kitchen

WEDNESDAY



Basketball

Dribble, Pass, and Play!

12:30 - 1:15pm

3 years - 6 years

Gym A

THURSDAY



Music Makers

Explore Instruments & Sounds!

12:30 - 2:15pm

3 years - 6 years

Kitchen

FRIDAY



Play Group

9 - 9:30am

Birth - 3 years

Gym A

NO COST!

Socialize, connect with other children & parents!

SATURDAY



Let's Tumble

Balance, Strength & Agility!

9 - 9:35pm

4 years - 8 years

Gym A

SATURDAY



Basketball

Dribble, Pass, and Play

9:50 - 10:30pm

4 years - 8 years

Gym A

REGISTRATION OPENS

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LEARN MORE:
Haley Russo
Youth Development Director
610.544.1080, ext. 2208
484.479.3401
h Russo@cyedc.org



RIDLEY AREA YMCA ARTS & SPORTS



MONTHLY SESSIONS
NOVEMBER:
10.27 – 11.23.2025
DECEMBER:
11.24 – 12.21.2025



PARENTS' NIGHT OUT NEON GLOW PARTY

Includes Pizza & Juice Box

FRIDAY, NOVEMBER 14
6-9PM

Ages 4 – 12 years

\$20 member, \$40 non-member

LEARN MORE:
Haley Russo
Youth Development Director
610.544.1080, ext. 2208
484.479.3401
hrusso@cyledc.org

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BREAKFAST WITH SANTA

SUNDAY, DECEMBER 14
9-10:30am

Ages 1 – 12 years

\$10 member, \$20 non-member



SPRINGFIELD YMCA

Youth & Family



MONTHLY SESSIONS

Member \$63 Non-member \$126

NOVEMBER:

10.27 – 11.23.2025

DECEMBER:

11.24 – 12.21.2025



TUESDAY

Gymnastics

1pm – 1:45pm

Ages 4 – 6

Gymnastics
Room



Me & You Gymnastics

2pm – 2:30pm

Ages 2 – 3

*Parent/Guardian
is with child
Gymnastics Room

Gymnastics II

4pm – 4:45pm

Ages 10 & up

Gymnastics Room

Wacky Science

4pm – 4:45pm

Ages 5 – 8

Child Watch Room

Dance I

4:15pm – 4:45pm

Ages 5 – 8

Contemporary
Dance Basics

Mind Body Studio



THURSDAY

Gymnastics

2pm – 2:45pm

Ages 4 – 6

Gymnastics
Room



Gymnastics I

4pm – 4:45pm

Ages 5 – 9

Gymnastics
Room

Arts & Crafts

4pm – 4:30pm

Ages 5 – 8

Child Watch Room

LEARN MORE: Jordan Schoenbeck
Youth Development Director
610.557.YMCA(9622), ext. 5009
610.557.9820 Direct
jschoenbeck@cyedc.org

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CARTWHEEL CLINIC

SATURDAY, NOVEMBER 8

11:45 -12:15pm

Ages 5 - 10

**\$25 MEMBER
\$50 NON-MEMBER**



HOLIDAY ARTS & CRAFTS DROP IN CLASS **WEDNESDAY, NOVEMBER 26**

12:45pm-1:15pm
Ages 4-7

**\$15 MEMBER
\$30 NON-MEMBER**



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LEARN Jordan Schoenbeck
MORE: Youth Development Director
610.557.YMCA(9622), ext. 5009
610.557.9820 Direct
jschoenbeck@cyedc.org

GYMNASTICS CLINIC W/ GIANNA M.

(USAG LEVEL 10, COLLEGIATE GYMNAST)

SATURDAY, DECEMBER 13 & SUNDAY, DECEMBER 14

1pm-1:45pm (both days)

ages 6-10

**\$50 MEMBERS
\$100 NON-MEMBER**

SKILLS:
BACK HANDSPRINGS
BACK WALKOVERS
BACK TUCKS
KIPS



SPRINGFIELD YMCA

Youth Sports



MONTHLY SESSIONS
Member \$63 Non-member \$126

NOVEMBER:
10.27 – 11.23.2025

DECEMBER:
11.24 – 12.21.2025



TUESDAY

Basketball Clinics

NEW

1pm and 1:45pm Ages 2 – 3

Parent participation encouraged.

2pm – 2:25pm Ages 4 – 5

Blue Turf

Introduce young toddlers/preschoolers to the fun game of basketball. Parent participation encouraged.



WEDNESDAY

Sports Sampler Ages 3 – 5 years

5:15 to 6:00pm Exposes young athletes to a variety of sports.

Blue Turf



THURSDAY

Basketball Clinic

Ages 6 to 12 at 5:15 – 6:00pm

(Group will be split according to ages)

Court B



Dribble, pass, shoot, score, and use teamwork!

THURSDAY & SATURDAY ELITE DEVELOPMENT ACADEMY



4-week/1month program, twice a week sessions
(Starting Oct 30th & Nov 1st, ending Nov 20th & Nov 22nd).

Thursdays 6-7:15pm & Saturdays 9-10:15am

Bball Court B

6th to 9th graders (ages 11-15) (Not for beginners)

Run by Coach Troy Daniel

\$250/member

Clinic conducted by Pro Basketball skill development expert Troy Daniel – considered one of the best worldwide. Troy works with players from PRO, D1 College, and Elite High Schools.

SATURDAY

Soccer Clinics Blue Turf

Ages 5 to 8

12-12:45am

A focus on soccer basics, teamwork and sportsmanship. Players learn core fundamentals.

Ages 9 to 12

1 – 1:45pm



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LEARN MORE: Trevor Gasiorowski
Sports Director
610.557.YMCA(9622), ext. 5013
610.557.9826 Direct
tgasiorowski@cyedc.org

SUNDAY

NFL Flag Football Blue Turf

6-week program

11:30am-1pm

Ages 7 to 12. Coed

Developmental & Game Play



SPRINGFIELD YMCA



BLACK FRIDAY ELITE BASKETBALL SHOOTING & OFFENSIVE SKILLS CLINIC

FRIDAY NOVEMBER 28TH

BBALL COURT B

Clinic conducted by Pro Basketball skill development expert
Troy Daniel – considered one of the best worldwide.
Troy works with players from PRO, D1 College, and Elite High Schools.

GIRLS CLINIC

9am-10:30am

GRADES 6TH-9TH (AGES 11-15)

BOYS CLINIC

10:30am-12pm

GRADES 6TH-9TH (AGES 11-15)

\$60 MEMBER
\$150 NON-MEMBER

- Not for beginners
- Promotional Items/Incentives available for those that participate in the November Elite Skill Development Academy

LEARN MORE: Trevor Gasiorowski
Sports Director
610.557.YMCA(9622), ext. 5013
610.557.9826 Direct
tgasiorowski@cyedc.org



SPRINGFIELD YMCA the Pickleball

MONTHLY SESSIONS
NOVEMBER:
10.27 – 11.23.2025
DECEMBER:
11.24 – 12.21.2025



Monday

BEGINNER LEVEL 1 PICKLEBALL CLINIC

9am to 10:30am

\$75 member, \$150 non-member

Monday

ADVANCED BEGINNER LEVEL 2 PICKLEBALL CLINIC

10:30am to 12:00pm

\$75 member, \$150 non-member

Monday

ADVANCED BEGINNER LEVEL 2 PICKLEBALL CLINIC

5:30pm to 7:00pm

\$75 member, \$150 non-member

Monday

INTERMEDIATE LEVEL 3 PICKLEBALL CLINIC

7:00pm to 8:30pm

\$75 member, \$150 non-member

Tuesday

DINKS, DROPS, & DRIVES LEVEL 4 PICKLEBALL CLINIC

6:00pm to 7:30pm

\$75 member, \$150 non-member

Tuesday

ADVANCED (4.0+) LEVEL 5 PICKLEBALL CLINIC

7:30pm to 9:00pm

For experienced players that want more than just pickup games.

\$75 member, \$150 non-member

LEARN MORE:

Trevor Gasiorowski
Sports Director
610.557.YMCA(9622), ext. 5013
610.557.9826 Direct
tgasiorowski@cyedc.org



Thursday

ADVANCED BEGINNER LEVEL 2 PICKLEBALL CLINIC

9am to 10:30am

\$75 member, \$150 non-member

Thursday

INTERMEDIATE LEVEL 3 PICKLEBALL CLINIC

10:30am to 12:00pm

\$75 member, \$150 non-member

Thursday

BEGINNER LEVEL 1 PICKLEBALL CLINIC

5:30pm to 7:00pm

\$75 member, \$150 non-member

Thursday

INTERMEDIATE LEVEL 3

Pickleball Clinic

7:00pm to 8:30pm. \$75 member, \$150 non-member

Saturday

PADDLE PALS PICKLEBALL CLASS

2pm to 3pm Ages 5 to 8

One adult per child must participate.

\$50 member, \$100 non-member

This adult-and-child class introduces young players to the exciting game of pickleball in a fun, supportive setting. This is the perfect place to paddle up together. No prior experience needed.

NEXT GENERATION PICKLERS

3pm to 4pm Ages 9 to 12

\$50 member, \$100 non-member

For kids ready to take their pickleball skills to the next level, Next Gen Picklers build on the basics with drills for shot selection, serving technique, and strategic movement all while participating in fun match play. Perfect for kids who've had a taste of the game and are hungry for more!

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NEW!



SPRINGFIELD YMCA TENNIS



MONTHLY SESSIONS
NOVEMBER:
10.27 – 11.23.2025
DECEMBER:
11.24 – 12.21.2025

MONDAY ADULT LIVE BALL

7:00pm to 8:30pm

\$30 Drop in Member Fee

MONDAY ADULT BEGINNER CLASS

NEW

Come learn to play tennis with us!

12pm to 1pm

\$100 Member, \$200 Non-Member

TUESDAY HIGH SCHOOL DEVELOPMENT

Ages 12+ 5:30 to 7:00pm

\$150 Member, \$300 Non-Member



WEDNESDAY

Red Ball 4–4:45pm \$75 Member, \$150 Non-Member

Orange Ball 5–6pm \$100 Member, \$200 Non-Member

Green Ball 6–7pm \$100 Member, \$200 Non-Member

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SATURDAY

Cardio Tennis 9–10:30am \$30 Drop in Member Fee

Red Ball 10:30–11:15am \$75 Member, \$150 Non-Member

Orange Ball 11:30am–12:30pm \$100 Member, \$200 Non-Member

Green Ball 12:30–1:30pm \$100 Member, \$200 Non-Member

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