



WINTER

ARTS/SPORTS & SWIM

REGISTRATION
OPENS
Monday, Nov. 24
(Members)
Wednesday, Nov. 26
(All)

www.cyedc.org 610.557.9622

ARTS/SPORTS PROGRAMS MONTHLY SESSION DATES: JANUARY: 1.5 - 2.1.2026 FEBRUARY: 2.2 - 3.1.2026

SWIM LESSON PROGRAM
SESSION DATES:
JANUARY 5 - MARCH 1, 2026



LANSDOWNE YMCA 2110 GARRETT ROAD LANSDOWNE, PA 19050 610.557.YMCA (9622) EXT. 1

RIDLEY AREA YMCA 900 SOUTH AVENUE SECANE, PA 19018 610.557.YMCA (9622) EXT. 2

SPRINGFIELD YMCA 194 W. SPROUL RD SPRINGFIELD, PA 19064 610.557.YMCA (9622) EXT. 3



LANSDOWNE YMCA SWIM LESSONS ___

SWIM LESSON PROGRAM SESSION DATES: JANUARY 5 – MARCH 1, 2026

the

8 WEEK SESSION:
PARENT/CHILD, PRESCHOOL
MEMBER \$84
NON-MEMBER \$168

SCHOOL AGE/TEEN/ADULT MEMBER \$126 NON-MEMBER \$252

FRIDAY



SATURDAY

Parent & Child	8:40 - 9:10am
Preschool 1	8:40 - 9:10am 10 - 10:30am 11:20 - 11:50am
Preschool 2	8:40 - 9:10am 10 - 10:30am 11:20 - 11:50am
Preschool 3	10 - 10:30am 11:20 - 11:50am
School Age 1	9:15 - 9:55am 10:35 - 11:15am 12:45 - 1:25pm
School Age 2	9:15 - 9:55am 10:35 - 11:15am 11:55 - 12:35pm
School Age 3	9:15 - 9:55am 11:55 - 12:35pm
School Age 4	10:35 - 11:15am
School Age 5	11:55 - 12:35pm
Teen	12:45 - 1:25pm



MONDAY

Parent & Child	4 - 4:30pm
Preschool 1	4- 4:30pm
Preschool 2	4-4:30pm
School Age 1	4:35 - 5:15pm
School Age 2	4:35 - 5:15pm
School Age 3	4:35 - 5:15pm
Adult	9 - 9:40am 11 - 11:40am

WEDNESDAY

Preschool 1	4 - 4:30pm
Preschool 2	4 - 4:30pm
Preschool 3	4 - 4:30pm
School Age 1	4:35 - 5:15pm
School Age 2	4:35 - 5:15pm
School Age 4	4:35 - 5:15pm
Adult	9 - 9:40am 11 - 11:40am
Invinc-abilities	3:30 - 4pm

Preschool 1	4 - 4:30pm	
School Age 1	4 - 4:40pm	
School Age 3	4 - 4:40pm	
School Age 5	4:45 - 5:25pm	
Teen	4:45 - 5:25pm	
Adult	9 - 9:40am	
	11 - 11:40am	
	4:45 - 5:25pm	

REGISTRATION
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LEARN MORE:

Chris Blakney Aquatics Director 610.259.1661, ext. 3013 610.713.5244 Direct cblakney@cyedc.org



RIDLEY AREA YMCA SWIM LESSONS

SWIM LESSON PROGRAM
SESSION DATES:
JANUARY 5 - MARCH 1, 2026

the

8 WEEK SESSION: PARENT/CHILD, PRESCHOOL MEMBER \$84 NON-MEMBER \$168

SCHOOL AGE/TEEN/ADULT MEMBER \$126 NON-MEMBER \$252

THURSDAY

Preschool 1 4:45 - 5:15pm

Preschool 2 4:45 - 5:15pm

School Age 1 4 - 4:40pm

School Age 2 4 - 4:40pm

School Age 3 5:20 - 6pm

School Age 4 5:20 - 6pm

SATURDAY

Parent & Child 8:10 - 8:40am Preschool 1 8:50 - 9:20am Preschool 1 10:10 - 10:40am Preschool 2 8:50 - 9:20am Preschool 2 10:10 - 10:40am Preschool 3 10:10 - 10:40am Preschool 3 12:15 - 12:45pm School Age 1 10:45 - 11:25am School Age 2 9:25 - 10:05am School Age 2 10:45 - 11:25am School Age 3 9:25 - 10:05am School Age 3 11:30 - 12:10pm School Age 4 9:25 - 10:05am School Age 4 11:30 - 12:10pm School Age 5 11:30 - 12:10pm Teen 10:45 - 11:25am Teen 12:15 - 12:55pm Adult 12:15 - 12:55pm

MONDAY

Preschool 1 4:45 - 5:15pm
Preschool 2 4:45 - 5:15pm
School Age 1 4 - 4:40pm
School Age 2 4 - 4:40pm
School Age 4 7:05 - 7:45pm
Adult 11:35 - 12:15pm
Adult 7:50 - 8:30pm

TUESDAY

Preschool 1 4 - 4:30pm
Preschool 3 4 - 4:30pm
School Age 1 4:35 - 5:15pm
School Age 3 4:35 - 5:15pm
School Age 5 5:20 - 6pm
Teen 5:20 - 6pm

WEDNESDAY

Preschool 1 4:45 – 5:15pm

Preschool 2 4:45 – 5:15pm

School Age 1 4 – 4:40pm

School Age 2 4 – 4:40pm

School Age 5 7:05 – 7:45pm

Adult 7:50 – 8:30pm

LEARN MORE:

Ridley Area Aquatics Director

Taylor Deniken
Senior Aquatics Director
YMCA of Eastern Delaware County
610-713-5255
tdeniken@cyedc.org

FRIDAY

Parent & Child 9:45 - 10:15am Adult 10:20 - 11:00am





RIDLEY AREA YMCA

ARTS &

MONTHLY SESSIONS

Member \$63 Non-member \$126 **JANUARY: 1.5 - 2.1.2026** FEBRUARY: 2.2 - 3.1.2026



MONDAY

Science Seekers Explore & Experiment!

12:30 - 1:15pm

3 years - 6 years

Kitchen



Create with friends! Arts & Crafts

12:30 - 1:15pm

3 years - 6 years

Kitchen



Basketball Dribble, Pass, and Play!

12:30 - 1:15pm 3 years - 6 years

Gym A

THURSDAY

Music Makers

Explore Instruments & 12:30 - 2:15pm Sounds!

3 years - 6 years

Kitchen

MONDAY

Let's Tumble Balance, Strength & Agility!

1:30 - 2:15pm

3 years - 6 years

Gym A

TUESDAY

Soccer Learn FUNdamentals!

1:30 - 2:15pm

3 years - 6 years

Gym A

WEDNESDAY

Silly Slime Icky fun, leave the mess to us!

1:30 - 2:15pm

3 years - 6 years

Gym A

THURSDAY

Little Chefs 1:30 - 2:15pm

Make tasty treats following recipes.

3 years - 6 years

Kitchen

MONDAY

Soccer Stars Learn FUNdamentals!

6:10 - 6:40pm

4 years - 7 years

Gym A

TUESDAY

Baby Ballet Ballet basics for beginners

4:30 - 5:10pm

3 years - 5 years

Kitchen

WEDNESDAY

Basketball Dribble, Pass, and Play!

6:10 - 6:40 pm

8 years - 12 years

Gym A

THURSDAY

Little Chefs

Make tasty treats 6:15 - 7pm following recipes.

4 years - 8 years

Kitchen

FRIDAY

NO COST! Play Group 9 - 9:30am Birth - 3 years Gym A Socialize, connect with other children & parents!

SATURDA



9 - 9:35am

4 years - 8 years



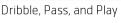
SATURDA

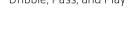
Basketball

9:50 - 10:30am

4 years - 8 years

Gym A





REGISTRATION **OPENS** Monday, Nov. 24 (Members) Wednesday, Nov. 26 (All)



LEARN MORE:

Haley Russo Youth Development Director 610.544.1080, ext. 2208 484,479,3401 hrusso@cyedc.org





RIDLEY AREA YMCA the SPECIAL EVENTS!

LEARN MORE:

Haley Russo Youth Development Director 610.544.1080, ext. 2208 484.479.3401 hrusso@cyedc.org

PARENTS' NIGHT OUT
PARTY ANIMAL THEME

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www.cyedc.org 610.557.9622

Includes Pizza & Juice Box, and Ice Cream Sundae
FRIDAY, JANUARY 16
6-9PM

Ages 4 - 12 years

\$20 member, \$40 non-member

PARENTS' NIGHT OUT LOTS OF LOVE THEME

the

Includes Pizza & Juice Box, and Arts & Crafts



SPRINGFIELD YMCA SWIM LESSONS

SWIM LESSON PROGRAM SESSION DATES: JANUARY 5 - MARCH 1, 2026

MONDAY

the

8 WEEK SESSION: PARENT/CHILD, PRESCHOOL MEMBER \$84 NON-MEMBER \$168

SCHOOL AGE/TEEN/ADULT MEMBER \$126 NON-MEMBER \$252

SATURDAY

Preschool 1	5:00 - 5:30pm
Preschool 2	5:35 - 6:05pm
Preschool 3	6:10 - 6:40pm
Preschool 4	6:10 - 6:40pm

WEDNESDAY

School Age 1	5:00 - 5:40pm
School Age 2	5:40 - 6:20pm
School Age 3	6:20 - 7:00pm
School Age 4/5	6:20 - 7:00pm

Adult 9:00 - 9:40am

Parent & Child	9am - 9:30am
Preschool 1	9:35 - 10:05am
Preschool 2	9:35 - 10:05am
Preschool 3	10:10 - 10:40am
Preschool 4	10:10 - 10:40am
School Age 1	10:45 - 11:25am
School Age 2	10:45 - 11:25pm
School Age 3	11:25 - 12:05pm
	44.55.45.65

11:25 - 12:05pm

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(All)



LEARN MORE:

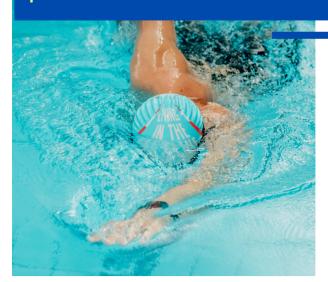
Nikki Smith Aquatics Director 610.557.9825 Direct nsmith@cyedc.org

Taylor Deniken
Association Aquatics Director
610.638.1270 ext. 3032
610.713.5255 Direct
tdeniken@cyedc.org



School Age 4/5

A great opportunity for your family members to receive personalized instruction while learning to swim.





SPRINGFIELD YMCA GYMNASTICS

& ARTS



Member \$63 Non-member \$126 JANUARY: 1.5 - 2.1.2026 FEBRUARY: 2.2 - 3.1.2026





5:15pm - 6pm Ages 4 - 5 **Gymnastics**

Room

Gymnastics 1

6:15pm - 7pm Ages 6 yrs and up **Gymnastics**





TUESDAY

Gymnastics

1pm - 1:45pm Ages 4 - 5

Gymnastics Room

Me & You Gymnastics

2pm - 2:30pm

Ages 2 – 3

Gymnastics Room

Room

Gymnastics 1

4pm - 4:45pm With Parent/Guardian Ages 6 yrs and up

Gymnastics Room

Wacky Science

4pm - 4:45pm Ages 5 - 8 Child Watch

WEDNESDAY

Emerging Engineers

4pm - 4:45pm Building with Friends, Constructing Structures and Ages 5 - 8 Conducting Tests

Child Watch Room



THURSDAY

Gymnastics

2pm - 2:45pm Ages 4 - 5

Gymnastics Room

Gymnastics 1

4pm - 4:45pm Ages 6 yrs and up **Gymnastics Room**

SATURDAY



Acting Class

11am - 12pm Ages 6 - 10 Pathways Room

Discover how to gain confidence in public speaking, explore various script formats, and engage in enjoyable acting games.



LEARN MORE: Trevor Gasiorowski **Sports Director** 610.557.YMCA(9622), ext. 5013 610.557.9826 Direct <mark>tgasi</mark>orowski@cyedc.org

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SPRINGFIELD YMCA

Youth **Sports**

MONTHLY SESSIONS Member \$63 Non-member \$126 JANUARY: 1.5 - 2.1.2026 FEBRUARY: 2.2 - 3.1.2026

5:15 to 6:00 pm Ages 3-5

WEDNESDAY

Tennis Court #2



TUESDAY

Basketball Clinics

1pm - 1:45pm Ages 2 - 3

Parent participation encouraged.

2pm - 2:45pm Ages 4 - 5 **Blue Turf**

Introduce young toddlers/preschoolers to the fun game of basketball. Parent participation encouraged.

LEARN MORE:

Trevor Gasiorowski **Sports Director** 610.557.YMCA(9622), ext. 610.557.9826 Direct tgasiorowski@cyedc.org

Sports Sampler Exposes young athletes to a variety of sports.

Monday, Nov. 24 (Members)

THURSDAY

Basketball Clinic

5:15 - 6:00pm Ages 6 - 9

6:15 - 7:00pm Ages 10 - 13

Court B

Dribble, pass, shoot, score, and use teamwork!

WEEKEND LEAGUES FOR YOUNG ATHLETES!



6-Week League 11:30am-1pm the Ages 7 to 12. Coed

Developmental & Game Play

Players receive an authentic NFL Flag Jersey to keep.

Members - \$85 Non-Members - \$170

BLUE TURF



WINTER YOUTH SOCCER LEAGUE NEW!

the

RISING SOCCER-STARS!

8-WEEK LEAGUE! JANUARY 10 TO FEBRUARY 28 3:30-5:30 PM

SATURDAYS SPRINGFIELD YMCA

CO-ED PROGRAM FOR CHILDREN AGED 4 – 7 YEARS

Members - \$96 Non-Members - \$192 • First week: practice sessions. Teams will be formed, and a seven-week game schedule will follow.

GOALS:

- Teach essential soccer skills to young athletes.
- Foster a fun, low-pressure atmosphere for friendly competition.

SPRINGFIELD YMCA



SPECIAL EVENTS!

LEARN MORE:

Trevor Gasiorowski Sports Director 610.557.YMCA(9622), ext. 5013 610.557.9826 Direct tgasiorowski@cyedc.org



Master the Craft – The Art of Handstands!

SATURDAY, JANUARY 10 –

11:45AM – 12:15PM

Ages 5 - 10



CARTWHEEL CLINIC

Master the Craft - The Art of Cartwheels!

SATURDAY, FEBRUARY 28 - 11:45AM - 12:15PM

Ages 5 - 10

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OPEN GYM

FOR MEMBERS

Get Active with Friends

MONDAY, JANUARY 19 -

Supervised Play Time!

12PM - 2PM

Ages 4 - 8

\$5 an hour



OPEN GYM

FOR MEMBERS

Get Active with Friends

MONDAY, FEBRUARY 16 – Supervised Play Time! 12PM – 2PM

Ages 4 – 8

\$5 an hour