

YMCA of Eastern Delaware County



the



WINTER

ARTS/SPORTS & SWIM

REGISTRATION
OPENS
Monday, Nov. 24
(Members)
Wednesday, Nov. 26
(All)

www.cyedc.org
610.557.9622

ARTS/SPORTS PROGRAMS
MONTHLY SESSION DATES:
JANUARY: 1.5 – 2.1.2026
FEBRUARY: 2.2 – 3.1.2026

SWIM LESSON PROGRAM
SESSION DATES:
JANUARY 5 – MARCH 1, 2026



LANSDOWNE YMCA
2110 GARRETT ROAD
LANSDOWNE, PA 19050
610.557.YMCA (9622) EXT. 1

RIDLEY AREA YMCA
900 SOUTH AVENUE
SECANE, PA 19018
610.557.YMCA (9622) EXT. 2

SPRINGFIELD YMCA
194 W. SPROUL RD
SPRINGFIELD, PA 19064
610.557.YMCA (9622) EXT. 3



LANDSDOWNE YMCA SWIM LESSONS

SWIM LESSON PROGRAM
SESSION DATES:
JANUARY 5 – MARCH 1, 2026



8 WEEK SESSION:
PARENT/CHILD, PRESCHOOL
MEMBER \$84
NON-MEMBER \$168

SCHOOL AGE/TEEN/ADULT
MEMBER \$126
NON-MEMBER \$252



MONDAY

Parent & Child	4 – 4:30pm
Preschool 1	4– 4:30pm
Preschool 2	4–4:30pm
School Age 1	4:35 – 5:15pm
School Age 2	4:35 – 5:15pm
School Age 3	4:35 – 5:15pm
Adult	9 – 9:40am 11 – 11:40am

FRIDAY

Preschool 1	4 – 4:30pm
School Age 1	4 – 4:40pm
School Age 3	4 – 4:40pm
School Age 5	4:45 – 5:25pm
Teen	4:45 – 5:25pm
Adult	9 – 9:40am 11 – 11:40am 4:45 – 5:25pm

SATURDAY

Parent & Child	8:40 – 9:10am
Preschool 1	8:40 – 9:10am 10 – 10:30am 11:20 – 11:50am
Preschool 2	8:40 – 9:10am 10 – 10:30am 11:20 – 11:50am
Preschool 3	10 – 10:30am 11:20 – 11:50am
School Age 1	9:15 – 9:55am 10:35 – 11:15am 12:45 – 1:25pm
School Age 2	9:15 – 9:55am 10:35 – 11:15am 11:55 – 12:35pm
School Age 3	9:15 – 9:55am 11:55 – 12:35pm
School Age 4	10:35 – 11:15am
School Age 5	11:55 – 12:35pm
Teen	12:45 – 1:25pm
Adult	12:45 – 1:25pm

WEDNESDAY

Preschool 1	4 – 4:30pm
Preschool 2	4 – 4:30pm
Preschool 3	4 – 4:30pm
School Age 1	4:35 – 5:15pm
School Age 2	4:35 – 5:15pm
School Age 4	4:35 – 5:15pm
Adult	9 – 9:40am 11 – 11:40am
Invinc-abilities	3:30 – 4pm

**REGISTRATION
OPENS**
Monday, Nov. 24
(Members)
Wednesday, Nov. 26
(All)

www.cyedc.org
610.557.9622

LEARN MORE:
Chris Blakney
Aquatics Director
610.259.1661, ext. 3013
610.713.5244 Direct
cblakney@cyedc.org



RIDLEY AREA YMCA SWIM LESSONS

SWIM LESSON PROGRAM
SESSION DATES:
JANUARY 5 – MARCH 1, 2026



8 WEEK SESSION:
PARENT/CHILD, PRESCHOOL
MEMBER \$84
NON-MEMBER \$168

SCHOOL AGE/TEEN/ADULT
MEMBER \$126
NON-MEMBER \$252



MONDAY

Preschool 1	4:45 – 5:15pm
Preschool 2	4:45 – 5:15pm
School Age 1	4 – 4:40pm
School Age 2	4 – 4:40pm
School Age 4	7:05 – 7:45pm
Adult	11:35 – 12:15pm
Adult	7:50 – 8:30pm

TUESDAY

Preschool 1	4 – 4:30pm
Preschool 3	4 – 4:30pm
School Age 1	4:35 – 5:15pm
School Age 3	4:35 – 5:15pm
School Age 5	5:20 – 6pm
Teen	5:20 – 6pm

WEDNESDAY

Preschool 1	4:45 – 5:15pm
Preschool 2	4:45 – 5:15pm
School Age 1	4 – 4:40pm
School Age 2	4 – 4:40pm
School Age 5	7:05 – 7:45pm
Adult	7:50 – 8:30pm

LEARN MORE:

Ridley Area Aquatics Director

Taylor Deniken

Senior Aquatics Director

YMCA of Eastern Delaware County

610-713-5255

tdeniken@cyedc.org

THURSDAY

Preschool 1	4:45 – 5:15pm
Preschool 2	4:45 – 5:15pm
School Age 1	4 – 4:40pm
School Age 2	4 – 4:40pm
School Age 3	5:20 – 6pm
School Age 4	5:20 – 6pm

FRIDAY

Parent & Child	9:45 – 10:15am
Adult	10:20 – 11:00am

REGISTRATION
OPENS
Monday, Nov. 24
(Members)
Wednesday, Nov. 26
(All)

www.cyedc.org
610.557.9622

SATURDAY

Parent & Child	8:10 – 8:40am
Preschool 1	8:50 – 9:20am
Preschool 1	10:10 – 10:40am
Preschool 2	8:50 – 9:20am
Preschool 2	10:10 – 10:40am
Preschool 3	10:10 – 10:40am
Preschool 3	12:15 – 12:45pm
School Age 1	10:45 – 11:25am
School Age 2	9:25 – 10:05am
School Age 2	10:45 – 11:25am
School Age 3	9:25 – 10:05am
School Age 3	11:30 – 12:10pm
School Age 4	9:25 – 10:05am
School Age 4	11:30 – 12:10pm
School Age 5	11:30 – 12:10pm
Teen	10:45 – 11:25am
Teen	12:15 – 12:55pm
Adult	12:15 – 12:55pm



RIDLEY AREA YMCA

ARTS & SPORTS



MONTHLY SESSIONS

Member \$63 Non-member \$126

JANUARY: 1.5 - 2.1.2026

FEBRUARY: 2.2 - 3.1.2026



MONDAY



Science Seekers

Explore & Experiment!

12:30 - 1:15pm

3 years - 6 years

Kitchen

TUESDAY



Arts & Crafts

Create with friends!

12:30 - 1:15pm

3 years - 6 years

Kitchen

WEDNESDAY



Basketball

Dribble, Pass, and Play!

12:30 - 1:15pm

3 years - 6 years

Gym A

THURSDAY



Music Makers

Explore Instruments & Sounds!

12:30 - 2:15pm

3 years - 6 years

Kitchen

FRIDAY



Play Group

9 - 9:30am

Birth - 3 years

Gym A

NO COST!

Socialize, connect with other children & parents!

SATURDAY



Let's Tumble

Balance, Strength & Agility!

9 - 9:35am

4 years - 8 years

Gym A

SATURDAY



Basketball

Dribble, Pass, and Play

9:50 - 10:30am

4 years - 8 years

Gym A

MONDAY



Soccer Stars

Learn FUNDamentals!

6:10 - 6:40pm

4 years - 7 years

Gym A

TUESDAY



NEW

Baby Ballet

Ballet basics for beginners

4:30 - 5:10pm

3 years - 5 years

Kitchen

WEDNESDAY



Basketball

Dribble, Pass, and Play!

6:10 - 6:40pm

8 years - 12 years

Gym A

THURSDAY



Little Chefs

Make tasty treats following recipes.

6:15 - 7pm

4 years - 8 years

Kitchen

**REGISTRATION
OPENS**
Monday, Nov. 24
(Members)
Wednesday, Nov. 26
(All)

www.cyedc.org
610.557.9622

LEARN MORE:

Haley Russo
Youth Development Director
610.544.1080, ext. 2208
484.479.3401
h Russo@cyledc.org



RIDLEY AREA YMCA



SPECIAL EVENTS!

LEARN MORE:

Haley Russo
Youth Development Director
610.544.1080, ext. 2208
484.479.3401
h Russo@cyledc.org

PARENTS' NIGHT OUT PARTY ANIMAL THEME

Includes Pizza & Juice Box, and Ice Cream Sundae

FRIDAY, JANUARY 16
6-9PM



Ages 4 - 12 years

\$20 member, \$40 non-member



REGISTRATION
OPENS
Monday, Nov. 24
(Members)
Wednesday, Nov. 26
(All)

www.cyledc.org
610.557.9622

PARENTS' NIGHT OUT LOTS OF LOVE THEME



Includes Pizza & Juice Box, and Arts & Crafts

FRIDAY, FEBRUARY 13
6-9PM

Ages 4 - 12 years

\$20 member, \$40 non-member



SPRINGFIELD YMCA SWIM LESSONS

SWIM LESSON PROGRAM
SESSION DATES:
JANUARY 5 – MARCH 1, 2026



8 WEEK SESSION:
PARENT/CHILD, PRESCHOOL
MEMBER \$84
NON-MEMBER \$168

SCHOOL AGE/TEEN/ADULT
MEMBER \$126
NON-MEMBER \$252



MONDAY

Preschool 1	5:00 – 5:30pm
Preschool 2	5:35 – 6:05pm
Preschool 3	6:10 – 6:40pm
Preschool 4	6:10 – 6:40pm

WEDNESDAY

School Age 1	5:00 – 5:40pm
School Age 2	5:40 – 6:20pm
School Age 3	6:20 – 7:00pm
School Age 4/5	6:20 – 7:00pm

Adult	9:00 – 9:40am
-------	---------------

SATURDAY

Parent & Child	9am – 9:30am
Preschool 1	9:35 – 10:05am
Preschool 2	9:35 – 10:05am
Preschool 3	10:10 – 10:40am
Preschool 4	10:10 – 10:40am
School Age 1	10:45 – 11:25am
School Age 2	10:45 – 11:25pm
School Age 3	11:25 – 12:05pm
School Age 4/5	11:25 – 12:05pm

REGISTRATION
OPENS
Monday, Nov. 24
(Members)
Wednesday, Nov. 26
(All)

www.cyedc.org
610.557.9622



LEARN MORE:

Nikki Smith
Aquatics Director
610.557.9825 Direct
nsmith@cyedc.org

Taylor Deniken
Association Aquatics Director
610.638.1270 ext. 3032
610.713.5255 Direct
tdeniken@cyedc.org



NOW BOOKING PRIVATE SWIM LESSONS!

A great opportunity for your family members to receive
personalized instruction while learning to swim.



SPRINGFIELD YMCA GYMNASTICS & ARTS



MONTHLY SESSIONS

Member \$63 Non-member \$126

JANUARY: 1.5 - 2.1.2026

FEBRUARY: 2.2 - 3.1.2026

MONDAY

Gymnastics

5:15pm - 6pm

Ages 4 - 5

Gymnastics

Room

Gymnastics 1

6:15pm - 7pm

Ages 6 yrs and up

Gymnastics

Room



TUESDAY

Gymnastics

1pm - 1:45pm

Ages 4 - 5

Gymnastics Room

Me & You Gymnastics

2pm - 2:30pm

Ages 2 - 3 With Parent/Guardian

Gymnastics Room

Gymnastics 1

4pm - 4:45pm

Ages 6 yrs and up

Gymnastics Room

Wacky Science

4pm - 4:45pm

Ages 5 - 8

Child Watch



WEDNESDAY

Emerging Engineers

4pm - 4:45pm

Ages 5 - 8

Child Watch Room

Building with Friends,
Constructing Structures and
Conducting Tests



THURSDAY

Gymnastics

2pm - 2:45pm

Ages 4 - 5

Gymnastics Room

Gymnastics 1

4pm - 4:45pm

Ages 6 yrs and up

Gymnastics Room

SATURDAY

NEW Acting Class

11am - 12pm

Ages 6 - 10

Pathways Room

Discover how to gain confidence in public speaking, explore various script formats, and engage in enjoyable acting games.



LEARN MORE: Trevor Gasiorowski
Sports Director
610.557.YMCA(9622), ext. 5013
610.557.9826 Direct
tgasiorowski@cyedc.org

REGISTRATION
OPENS
Monday, Nov. 24
(Members)
Wednesday, Nov. 26
(All)

www.cyedc.org
610.557.9622

SPRINGFIELD YMCA

Youth Sports



MONTHLY SESSIONS

Member \$63 Non-member \$126

JANUARY: 1.5 - 2.1.2026

FEBRUARY: 2.2 - 3.1.2026



TUESDAY

Basketball Clinics

NEW

1pm - 1:45pm Ages 2 - 3

Parent participation encouraged.

2pm - 2:45pm Ages 4 - 5

Blue Turf

Introduce young toddlers/preschoolers to the fun game of basketball. Parent participation encouraged.

THURSDAY

Basketball Clinic

5:15 - 6:00pm Ages 6 - 9

6:15 - 7:00pm Ages 10 - 13

Court B

Dribble, pass, shoot, score,
and use teamwork!

WEDNESDAY

Sports Sampler Exposes young athletes to a variety of sports.

5:15 to 6:00pm Ages 3 - 5

Tennis Court #2

LEARN
MORE:

Trevor Gasiorowski
Sports Director
610.557.YMCA(9622), ext.
5013
610.557.9826 Direct
tgasiorowski@cyedc.org



REGISTRATION
OPENS
Monday, Nov. 24
(Members)
Wednesday, Nov. 26
(All)

www.cyedc.org
610.557.9622

WEEKEND LEAGUES FOR YOUNG ATHLETES!



FLAG

NFL FLAG FOOTBALL

SUNDAYS

JANUARY 11-
FEBRUARY 15

6-Week League

11:30am-1pm

Ages 7 to 12. Coed

Developmental & Game Play



Players receive an authentic NFL Flag Jersey to keep.

Members - \$85

Non-Members - \$170

BLUE TURF



SPRINGFIELD YMCA

WINTER YOUTH SOCCER LEAGUE

NEW!



**RISING
SOCCER
STARS!**



**INDOOR ON
THE TURF!**

**8-WEEK LEAGUE!
JANUARY 10 TO FEBRUARY 28
3:30–5:30 PM**

**SATURDAYS
SPRINGFIELD YMCA**

**CO-ED PROGRAM FOR
CHILDREN AGED 4 – 7 YEARS**

Members – \$96
Non-Members – \$192

- First week: practice sessions. Teams will be formed, and a seven-week game schedule will follow.

GOALS:

- Teach essential soccer skills to young athletes.
- Foster a fun, low-pressure atmosphere for friendly competition.

SPRINGFIELD YMCA

SPECIAL EVENTS!



LEARN
MORE:

Trevor Gasiorowski
Sports Director
610.557.YMCA(9622),
ext. 5013
610.557.9826 Direct
tgasiorowski@cyedc.org



HANDSTAND CLINIC

Master the Craft – The Art of Handstands!

SATURDAY, JANUARY 10 –

11:45AM – 12:15PM

Ages 5 – 10



CARTWHEEL CLINIC

Master the Craft – The Art of Cartwheels!

SATURDAY, FEBRUARY 28 –

11:45AM – 12:15PM

Ages 5 – 10



OPEN GYM

FOR MEMBERS

Get Active with Friends

MONDAY, JANUARY 19 –

12PM – 2PM

Ages 4 – 8

\$5 an hour



OPEN GYM

FOR MEMBERS

Get Active with Friends

MONDAY, FEBRUARY 16 –

12PM – 2PM

Ages 4 – 8

\$5 an hour

REGISTRATION
OPENS
Monday, Nov. 24
(Members)
Wednesday, Nov. 26
(All)

www.cyedc.org
610.557.9622

