



**YMCA of Eastern Delaware County**

# EARLY SPRING

# ARTS/SPORTS & SWIM

REGISTRATION  
OPENS  
Monday, Jan. 26  
(Members)  
Wednesday, Jan. 28  
(All)

[www.cyedc.org](http://www.cyedc.org)  
610.557.9622

**ARTS/SPORTS PROGRAMS**  
**MONTHLY SESSION DATES:**  
**MARCH: 3.2 – 3.29.2026**  
**APRIL: 3.30 – 4.26.2026**

**SWIM LESSON PROGRAM**  
**SESSION DATES:**  
**MARCH 2 – APRIL 26, 2026**

LANDSDOWNE YMCA  
2110 GARRETT ROAD  
LANDSDOWNE, PA 19050  
610.557.YMCA (9622) EXT. 1

RIDLEY AREA YMCA  
900 SOUTH AVENUE  
SECANE, PA 19018  
610.557.YMCA (9622) EXT. 2

SPRINGFIELD YMCA  
194 W. SPROUL RD  
SPRINGFIELD, PA 19064  
610.557.YMCA (9622) EXT. 3





# RIDLEY AREA YMCA SWIM LESSONS

**SWIM LESSON PROGRAM**  
**SESSION DATES:**  
**MARCH 2 – APRIL 26, 2026**



**8 WEEK SESSION:**  
**PARENT/CHILD, PRESCHOOL**  
**MEMBER \$84**  
**NON-MEMBER \$168**

**SCHOOL AGE/TEEN/ADULT**  
**MEMBER \$126**  
**NON-MEMBER \$252**



## MONDAY

Preschool 1	4:00 – 4:30pm
Preschool 2	4:00 – 4:30pm
School Age 1	4:35 – 5:15pm
School Age 2	4:35 – 5:15pm
School Age 4	7:00 – 7:40pm
Adult	11:35 – 12:15pm
Adult	7:45 – 8:25pm

## TUESDAY

Preschool 1	4 – 4:30pm
Preschool 3	4 – 4:30pm
School Age 1	4:35 – 5:15pm
School Age 3	4:35 – 5:15pm
School Age 5	5:20 – 6pm
Teen	5:20 – 6pm
Adult	11:35 – 12:15pm

## WEDNESDAY

Preschool 1	4:45 – 5:15pm
Preschool 2	4:45 – 5:15pm
Preschool 3	4:45 – 5:15pm
School Age 1	4 – 4:40pm
School Age 2	4 – 4:40pm
School Age 3	4 – 4:40pm
School Age 5	7:00 – 7:40pm
Teen	7:45 – 8:25pm

**LEARN MORE:**  
Ridley Area Aquatics Director  
Jessica Ditondo  
Aquatics Director  
484.479.3407 Direct  
jditondo@cyedc.org

## THURSDAY

Preschool 1	4:45 – 5:15pm
Preschool 2	4:45 – 5:15pm
School Age 1	4 – 4:40pm
School Age 2	4 – 4:40pm
School Age 3	5:20 – 6pm
School Age 4	5:20 – 6pm

## FRIDAY

Parent & Child	9:45 – 10:15am
Adult	10:20 – 11:00am

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## SATURDAY

Parent & Child	8:10 – 8:40am
Preschool 1	8:50 – 9:20am
Preschool 1	10:10 – 10:40am
Preschool 2	8:50 – 9:20am
Preschool 2	10:10 – 10:40am
Preschool 3	8:50 – 9:20am
Preschool 3	10:10 – 10:40am
School Age 1	10:45 – 11:25am
School Age 2	9:25 – 10:05am
School Age 2	10:45 – 11:25am
School Age 3	9:25 – 10:05am
School Age 3	11:30 – 12:10pm
School Age 4	9:25 – 10:05am
School Age 4	11:30 – 12:10pm
School Age 5	9:25 – 10:05am
School Age 5	12:15 – 12:55pm
Teen	10:45 – 11:25am
Teen	11:30 – 12:10pm
Teen	12:15 – 12:55pm
Adult	11:30 – 12:10pm
Adult	12:15 – 12:55pm





# RIDLEY AREA YMCA

## ARTS & SPORTS



### MONTHLY SESSIONS

Member \$63 Non-member \$126

MARCH: 3.2 - 3.29.2026

APRIL: 3.30 - 4.26.2026



### MONDAY



#### Science Seekers

Explore & Experiment!

12:30 - 1:15pm

3 years - 6 years

Kitchen

### TUESDAY



#### Arts & Crafts

Create with friends!

12:30 - 1:15pm

3 years - 6 years

Kitchen

### WEDNESDAY



#### Basketball

Dribble, Pass, and Play!

12:30 - 1:15pm

3 years - 6 years

Gym A

### THURSDAY



#### Music Makers

Explore Instruments & Sounds!

12:30 - 2:15pm

3 years - 6 years

Kitchen

### FRIDAY



#### Play Group

9 - 9:30am

Birth - 3 years

Gym A

**NO COST!**

Socialize, connect with other children & parents!

### SATURDAY



#### Let's Tumble

Balance, Strength & Agility!

9 - 9:35am

4 years - 8 years

Gym A

### SATURDAY



#### Basketball

Dribble, Pass, and Play

9:50 - 10:30am

4 years - 8 years

Gym A

### LEARN MORE:

Haley Russo  
Youth Development Director  
610.544.1080, ext. 2208  
484.479.3401  
h Russo@cyedc.org

### MONDAY



#### Soccer Stars

Learn FUNdamentals!

6:10 - 6:40pm

4 years - 7 years

Gym A

### TUESDAY



#### Baby Ballet

Ballet basics for beginners

4:30 - 5:10pm

3 years - 5 years

MPR

### WEDNESDAY



#### Basketball

Dribble, Pass, and Play!

6:10 - 6:40pm

8 years - 12 years

Gym A

### THURSDAY



#### Little Chefs

Make tasty treats following recipes.

6:15 - 7pm

4 years - 8 years

Kitchen

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(All)

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610.557.9622







# FOOTBALL LEAGUE!

April 18 – May 23

SATURDAY  
6-WEEK  
LEAGUE

RIDLEY AREA YMCA  
OUTDOOR  
FIELD

Players receive an authentic NFL Flag Jersey to keep.



10am–11am  
Ages 7 to 12  
Coed  
Developmental  
& Game Play

**LEARN MORE:**

Haley Russo  
Youth Development Director  
610.544.1080, ext. 2208  
484.479.3401  
h Russo@cyedc.org

Members – \$85  
Non-Members – \$170





# RIDLEY AREA YMCA PARENTS' NIGHT OUT SPRING FLING THEME!

Includes Pizza & Juice Box



**FRIDAY, APRIL 10  
6-9PM**

LEARN MORE:

Haley Russo  
Youth Development Director  
610.544.1080, ext. 2208  
484.479.3401  
[h Russo@cyedc.org](mailto:h Russo@cyedc.org)

**Ages 4 - 12 years**    \$20 member, \$40 non-member    Child Watch





# RIDLEY AREA YMCA



Winning Teams will receive medals!



## YOUTH 3V3 BASKETBALL TOURNAMENT

**SATURDAY, MARCH 14**  
**11AM - 4PM**

**Co-Ed Ages 12 to 17**

**\$5 per player**

LEARN MORE:

Haley Russo  
Youth Development Director  
610.544.1080, ext. 2208  
484.479.3401  
[h Russo@cyedc.org](mailto:h Russo@cyedc.org)



# EASTER BUNNY SWIM & EGG HUNT

Join us for swimming with the  
Easter Bunny and searching for colorful floating eggs!

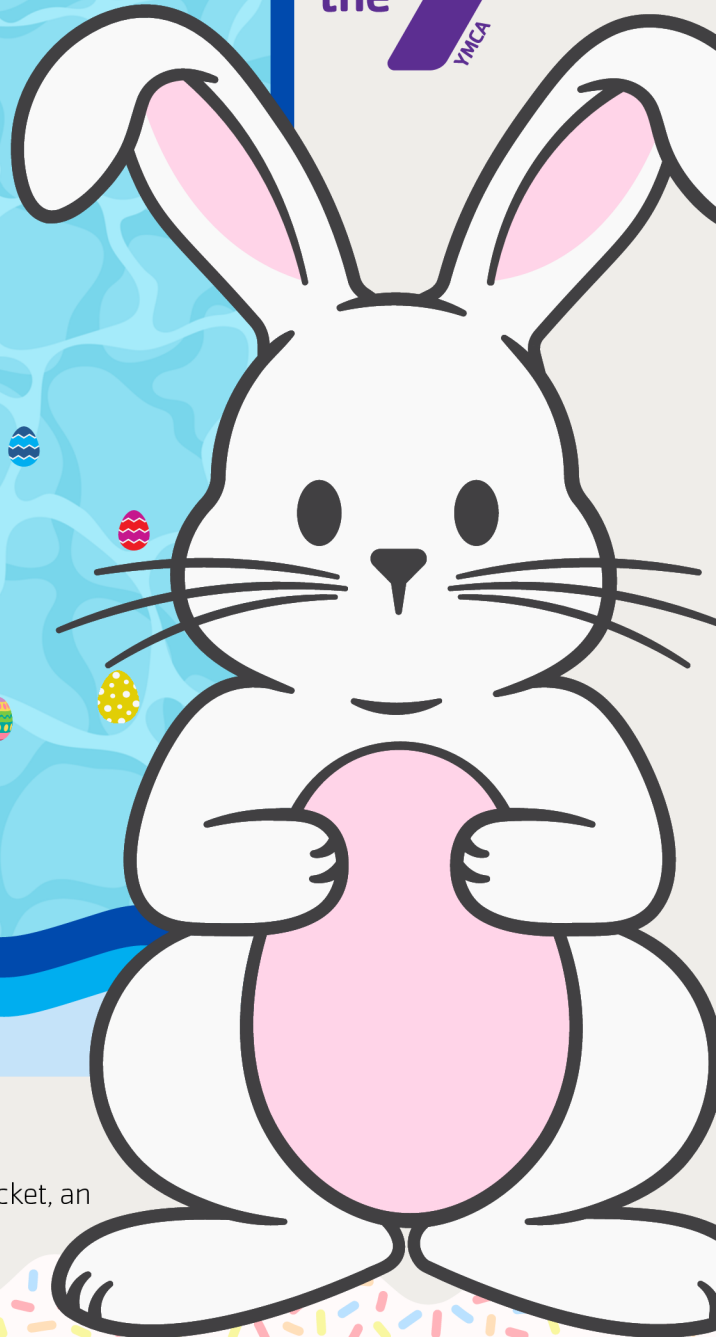
**SUNDAY**  
**MARCH 22 2:30-3:30**

**RIDLEY  
AREA  
YMCA**

[www.cyedc.org](http://www.cyedc.org)

**INCLUDES  
AN  
EASTER  
GOODIE  
BAG**

**\$10  
MEMBERS**



We will adhere to standard pool regulations. If a child is wearing a life jacket, an adult must be present in the water with them.

# RIDLEY AREA YMCA INDOOR FAMILY MOVIE NIGHT



FRIDAY  
MAY 1 7 – 9PM

SUPER MARIO BROS. MOVIE

\$20 PER FAMILY

Popcorn  
included!

Come with your loved ones to enjoy a movie full of  
laughter, action and adventure.

[www.cyedc.org](http://www.cyedc.org)





# TEEN LIFT LAB

## AT THE RIDLEY AREA YMCA

***LIMITED SPOTS AVAILABLE***

Teen Lift Lab is an 8-week program for  
Teens aged 12 to 14, held on  
Tuesdays & Thursdays  
from 4:00 to 5:30 PM.

Participants will use fitness equipment under the guidance of trained staff.

**ENROLL NOW!**

[WWW.CYEDC.ORG](http://WWW.CYEDC.ORG)



# WE HOST BIRTHDAY PARTIES and MORE AT THE RIDLEY Y



**Contact:**  
**Haley Russo**  
**hrusso@cyedc.org**  
**484-479-3401 Ext: 2208**

## Pool Party

Held in our Pool. Children must be 6+ years old. Life jackets or swim tests will be required and available through the YMCA staff at the start of the party. Food and gift portion of party in multi-purpose room.

Available on Saturdays from 3-5 pm

One staff member to facilitate party up to 15 children.  
Two Large Pizzas from Coco's  
Juice Boxes and paper products  
Adult supplies: tablecloths, and decorations  
One hour in pool and one hour in party room.

Members: \$340

Non-Members: \$390

\$10 for each additional child up to 20 max  
\$12 for each additional pizza

## Little Chefs Party

1 hour kids in the kitchen, 1 hour in party room

Menu: Mozzarella Sticks, Ice cream floats, Decorate Cupcakes

Available on Saturdays from 12-2pm - ages 4-10 - 10 kids max

Members: \$340

Non-Members: \$390

## Playroom Party

Let's Play Together - hosted in child watch

Pizza and juice boxes provided.

Available on Sundays from 10-12pm - ages 1-5 - 15 kids max

Members: \$340

Non-Members: \$390

## Picnic Party (Outside)

Under the Pavilion, field for sports/activities if requested (soccer, kickball, t-ball/baseball),

Family reunions, birthday parties, special events

Bookings open April 18th - October 17th,

Available on Saturdays or Sundays from 12-2pm - additional time can be requested. Any age

Members: \$340

Non-Members: \$390

HBD