



YMCA of Eastern Delaware County

# EARLY SPRING ARTS/SPORTS & SWIM

ARTS/SPORTS PROGRAMS  
MONTHLY SESSION DATES:  
MARCH: 3.2 - 3.29.2026  
APRIL: 3.30 - 4.26.2026

SWIM LESSON PROGRAM  
SESSION DATES:  
MARCH 2 - APRIL 26, 2026

REGISTRATION  
OPENS  
Monday, Jan. 26  
(Members)  
Wednesday, Jan. 28  
(All)

[www.cyedc.org](http://www.cyedc.org)  
610.557.9622

LANSDOWNE YMCA  
2110 GARRETT ROAD  
LANSDOWNE, PA 19050  
610.557.YMCA (9622) EXT. 1



RIDLEY AREA YMCA  
900 SOUTH AVENUE  
SECANE, PA 19018  
610.557.YMCA (9622) EXT. 2

SPRINGFIELD YMCA  
194 W. SPROUL RD  
SPRINGFIELD, PA 19064  
610.557.YMCA (9622) EXT. 3



# RIDLEY AREA YMCA SWIM LESSONS

SWIM LESSON PROGRAM  
SESSION DATES:  
MARCH 2 – APRIL 26, 2026



8 WEEK SESSION:  
PARENT/CHILD, PRESCHOOL  
MEMBER \$84  
NON-MEMBER \$168

SCHOOL AGE/TEEN/ADULT  
MEMBER \$126  
NON-MEMBER \$252



## MONDAY

Preschool 1	4:00 – 4:30pm
Preschool 2	4:00 – 4:30pm
School Age 1	4:35 – 5:15pm
School Age 2	4:35 – 5:15pm
School Age 4	7:00 – 7:40pm
Adult	11:35 – 12:15pm
Adult	7:45 – 8:25pm

## THURSDAY

Preschool 1	4:45 – 5:15pm
Preschool 2	4:45 – 5:15pm
School Age 1	4 – 4:40pm
School Age 2	4 – 4:40pm
School Age 3	5:20 – 6pm
School Age 4	5:20 – 6pm

## SATURDAY

Parent & Child	8:10 – 8:40am
Preschool 1	8:50 – 9:20am
Preschool 1	10:10 – 10:40am
Preschool 2	8:50 – 9:20am
Preschool 2	10:10 – 10:40am
Preschool 3	8:50 – 9:20am
Preschool 3	10:10 – 10:40am
School Age 1	10:45 – 11:25am
School Age 2	9:25 – 10:05am
School Age 2	10:45 – 11:25am
School Age 3	9:25 – 10:05am
School Age 3	11:30 – 12:10pm
School Age 4	9:25 – 10:05am
School Age 4	11:30 – 12:10pm
School Age 5	9:25 – 10:05am
School Age 5	12:15 – 12:55pm
Teen	10:45 – 11:25am
Teen	11:30 – 12:10pm
Teen	12:15 – 12:55pm
Adult	11:30 – 12:10pm
Adult	12:15 – 12:55pm

## TUESDAY

Preschool 1	4 – 4:30pm
Preschool 3	4 – 4:30pm
School Age 1	4:35 – 5:15pm
School Age 3	4:35 – 5:15pm
School Age 5	5:20 – 6pm
Teen	5:20 – 6pm
Adult	11:35 – 12:15pm

## FRIDAY

Parent & Child	9:45 – 10:15am
Adult	10:20 – 11:00am

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OPENS  
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## WEDNESDAY

Preschool 1	4:45 – 5:15pm
Preschool 2	4:45 – 5:15pm
Preschool 3	4:45 – 5:15pm
School Age 1	4 – 4:40pm
School Age 2	4 – 4:40pm
School Age 3	4 – 4:40pm
School Age 5	7:00 – 7:40pm
Teen	7:45 – 8:25pm



## LEARN MORE:

Ridley Area Aquatics Director  
Jessica Ditondo  
Aquatics Director  
484.479.3407 Direct  
[jditondo@cyedc.org](mailto:jditondo@cyedc.org)

# RIDLEY AREA YMCA

# ARTS & SPORTS



## MONTHLY SESSIONS

Member \$63 Non-member \$126

MARCH: 3.2 - 3.29.2026

APRIL: 3.30 - 4.26.2026



### MONDAY



**Science Seekers** Explore & Experiment!  
12:30 - 1:15pm  
3 years - 6 years  
Kitchen

### MONDAY



**Let's Tumble** Balance, Strength & Agility!  
1:30 - 2:15pm  
3 years - 6 years  
Gym A

### MONDAY



**Soccer Stars** Learn FUNDamentals!  
6:10 - 6:40pm  
4 years - 7 years  
Gym A

### TUESDAY



**Arts & Crafts** Create with friends!  
12:30 - 1:15pm  
3 years - 6 years  
Kitchen

### TUESDAY



**Soccer** Learn FUNDamentals!  
1:30 - 2:15pm  
3 years - 6 years  
Gym A

### TUESDAY



**Baby Ballet** Ballet basics for beginners  
4:30 - 5:10pm  
3 years - 5 years  
MPR

### WEDNESDAY



**Basketball** Dribble, Pass, and Play!  
12:30 - 1:15pm  
3 years - 6 years  
Gym A

### WEDNESDAY



**Silly Slime** Icky fun, leave the mess to us!  
1:30 - 2:15pm  
3 years - 6 years  
Kitchen

### WEDNESDAY



**Basketball** Dribble, Pass, and Play!  
6:10 - 6:40pm  
8 years - 12 years  
Gym A

### THURSDAY



**Music Makers** Explore Instruments & Sounds!  
12:30 - 2:15pm  
3 years - 6 years  
Kitchen

### THURSDAY



**Little Chefs** Make tasty treats following recipes.  
1:30 - 2:15pm  
3 years - 6 years  
Kitchen

### THURSDAY



**Little Chefs** Make tasty treats following recipes.  
6:15 - 7pm  
4 years - 8 years  
Kitchen

### FRIDAY



**Play Group** 9 - 9:30am Birth - 3 years Gym A **NO COST!** Socialize, connect with other children & parents!

### SATURDAY



**Let's Tumble** Balance, Strength & Agility!  
9 - 9:35am  
4 years - 8 years  
Gym A

### SATURDAY



**Basketball** Dribble, Pass, and Play  
9:50 - 10:30am  
4 years - 8 years  
Gym A

**REGISTRATION OPENS**  
Monday, Jan. 26  
(Members)  
Wednesday, Jan. 28  
(All)

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610.557.9622



#### LEARN MORE:

Haley Russo  
Youth Development Director  
610.544.1080, ext. 2208  
484.479.3401  
[hrusso@cyedc.org](mailto:hrusso@cyedc.org)





# FOOTBALL LEAGUE!

April 18 - May 23

SATURDAY  
6-WEEK  
LEAGUE

RIDLEY AREA YMCA  
OUTDOOR  
FIELD

Players receive an authentic NFL Flag Jersey to keep.



10am-11am  
Ages 7 to 12  
Coed  
Developmental  
& Game Play

#### LEARN MORE:

Haley Russo  
Youth Development Director  
610.544.1080, ext. 2208  
484.479.3401  
hruzzo@cyedc.org

Members - \$85  
Non-Members - \$170



# RIDLEY AREA YMCA

## PARENTS' NIGHT OUT

### SPRING FLING THEME!

Includes Pizza & Juice Box



**FRIDAY, APRIL 10**  
**6-9PM**

**Ages 4 - 12 years**    \$20 member, \$40 non-member    Child Watch

LEARN MORE:

Haley Russo  
Youth Development Director  
610.544.1080, ext. 2208  
484.479.3401  
[hrucco@cyedc.org](mailto:hrucco@cyedc.org)



# RIDLEY AREA YMCA



Winning Teams will receive medals!



## YOUTH 3V3 BASKETBALL TOURNAMENT

SATURDAY, MARCH 14  
11AM - 4PM

Co-Ed Ages 12 to 17

\$5 per player

LEARN MORE:

Haley Russo  
Youth Development Director  
610.544.1080, ext. 2208  
484.479.3401  
hrusso@cyedc.org

# EASTER BUNNY SWIM & EGG HUNT

Join us for swimming with the  
Easter Bunny and searching for colorful floating eggs!

SUNDAY  
MARCH 22 2:30-3:30

RIDLEY  
AREA  
YMCA

[www.cyedc.org](http://www.cyedc.org)

INCLUDES  
AN  
EASTER  
GOODIE  
BAG

\$10  
MEMBERS



We will adhere to standard pool regulations. If a child is wearing a life jacket, an adult must be present in the water with them.

# RIDLEY AREA YMCA INDOOR **FAMILY MOVIE NIGHT**

FRIDAY

MAY 1 7 - 9PM

**SUPER MARIO BROS. MOVIE**

\$20 PER FAMILY

Popcorn  
included!

the



Come with your loved ones to enjoy a movie full of  
laughter, action and adventure.



# TEEN LIFT LAB

## AT THE RIDLEY AREA YMCA

**LIMITED SPOTS AVAILABLE**

Teen Lift Lab is an 8-week program for  
Teens aged 12 to 14, held on  
Tuesdays & Thursdays  
from 4:00 to 5:30 PM.

Participants will use fitness equipment under the guidance of trained staff.

**ENROLL NOW!**

[WWW.CYEDC.ORG](http://WWW.CYEDC.ORG)



# WE HOST BIRTHDAY PARTIES and MORE AT THE RIDLEY Y



Contact:  
Haley Russo  
[hruoso@cyedc.org](mailto:hruoso@cyedc.org)  
484-479-3401 Ext: 2208

## Pool Party

Held in our Pool. Children must be 6+ years old. Life jackets or swim tests will be required and available through the YMCA staff at the start of the party. Food and gift portion of party in multi-purpose room.

Available on Saturdays from 3-5 pm

One staff member to facilitate party up to 15 children.

Two Large Pizzas from Coco's

Juice Boxes and paper products

Adult supplies: tablecloths, and decorations

One hour in pool and one hour in party room.

Members: \$340

Non-Members: \$390

\$10 for each additional child up to 20 max

\$12 for each additional pizza

## Little Chefs Party

1 hour kids in the kitchen, 1 hour in party room

Menu: Mozzarella Sticks, Ice cream floats, Decorate Cupcakes

Available on Saturdays from 12-2pm - ages 4-10 - 10 kids max

Members: \$340

Non-Members: \$390

## Playroom Party

Let's Play Together - hosted in child watch

Pizza and juice boxes provided.

Available on Sundays from 10-12pm - ages 1-5 - 15 kids max

Members: \$340

Non-Members: \$390

## Picnic Party (Outside)

Under the Pavilion, field for sports/activities if requested (soccer, kickball, t-ball/baseball),

Family reunions, birthday parties, special events

Bookings open April 18th – October 17th,

Available on Saturdays or Sundays from 12-2pm - additional time can be requested. Any age

Members: \$340    Non-Members: \$390

