



YMCA of Eastern Delaware County

EARLY SPRING ARTS/SPORTS & SWIM

ARTS/SPORTS PROGRAMS
MONTHLY SESSION DATES:
MARCH: 3.2 - 3.29.2026
APRIL: 3.30 - 4.26.2026

SWIM LESSON PROGRAM
SESSION DATES:
MARCH 2 - APRIL 26, 2026

REGISTRATION
OPENS
Monday, Jan. 26
(Members)
Wednesday, Jan. 28
(All)

www.cyedc.org
610.557.9622

LANSDOWNE YMCA
2110 GARRETT ROAD
LANSDOWNE, PA 19050
610.557.YMCA (9622) EXT. 1



RIDLEY AREA YMCA
900 SOUTH AVENUE
SECANE, PA 19018
610.557.YMCA (9622) EXT. 2

SPRINGFIELD YMCA
194 W. SPROUL RD
SPRINGFIELD, PA 19064
610.557.YMCA (9622) EXT. 3



SPRINGFIELD YMCA SWIM LESSONS

SWIM LESSON PROGRAM
SESSION DATES:
MARCH 2 - APRIL 26, 2026



8 WEEK SESSION:
PARENT/CHILD, PRESCHOOL
MEMBER \$84
NON-MEMBER \$168

SCHOOL AGE/TEEN/ADULT
MEMBER \$126
NON-MEMBER \$252



MONDAY

Preschool 1	5:00 - 5:30pm
Preschool 2	5:35 - 6:05pm
Preschool 3	6:10 - 6:40pm
Preschool 4	6:10 - 6:40pm

SATURDAY

Parent & Child	9am - 9:30am
Preschool 1	9:35 - 10:05am
Preschool 2	9:35 - 10:05am
Preschool 3	10:10 - 10:40am
Preschool 4	10:10 - 10:40am
School Age 1	10:45 - 11:25am
School Age 2	10:45 - 11:25pm
School Age 3	11:25 - 12:05pm
School Age 4/5	11:25 - 12:05pm

WEDNESDAY

School Age 1	5:00 - 5:40pm
School Age 2	5:40 - 6:20pm
School Age 3	6:20 - 7:00pm
School Age 4/5	6:20 - 7:00pm
Adult	9:00 - 9:40am

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LEARN MORE:
Nikki Smith
Aquatics Director
610.557.9825 Direct
nsmith@cyedc.org

NOW BOOKING PRIVATE SWIM LESSONS!

A great opportunity for your family members to receive personalized instruction while learning to swim.



SPRINGFIELD YMCA

Youth Sports



MONTHLY SESSIONS

Member \$63 Non-member \$126

MARCH: 3.2 - 3.29.2026

APRIL: 3.30 - 4.26.2026



LEARN MORE:

Trevor Gasiorowski
Sports Director
610.557.YMCA(9622), ext.
5013
610.557.9826 Direct
tgasiorowski@cyedc.org

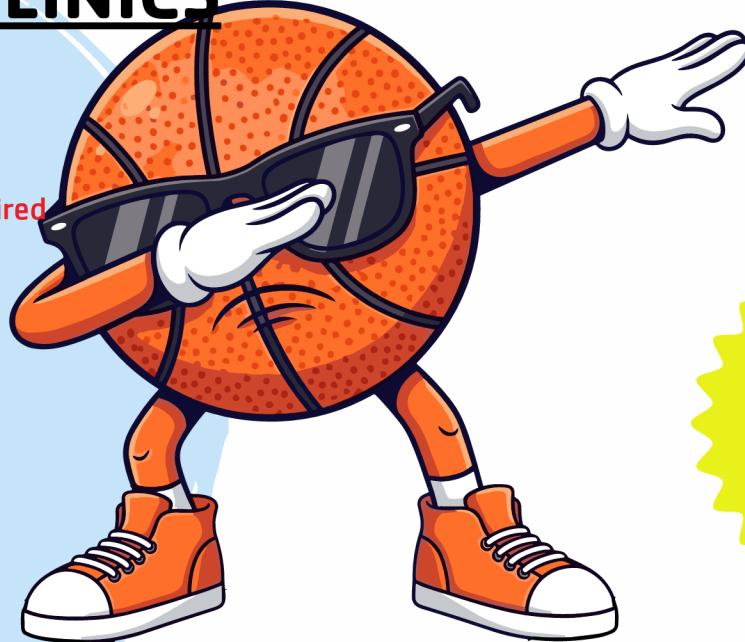
BASKETBALL CLINICS

Tuesdays

Ages 4 to 6 1-1:45pm

Ages 2 to 3 2-2:45pm

Blue turf, Parent participation required



Thursdays

Ages 6 to 9 5:15-6pm

Bball Court B

NEW

Thursdays

3v3 League

Ages 10 to 13 6 - 7pm

Coed, beginner to intermediate level

Bball Court B

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SPEED & AGILITY

Starts Tuesday, March 10!

Tuesdays

Ages 6 to 9 5:30-6:15pm

Ages 10 to 13 6:30-7:30pm

Ages 14 to 17 7:30-8:30pm

Sessions are led by coaches who have collegiate and professional playing experience across various sports.

Blue Turf



Expose young athletes to a variety of sports.

SPORTS SAMPLER

Wednesdays 5:15 to 6:00pm Ages 3 to 5 Tennis Court #2

Sundays 12:00 to 12:45pm Ages 3 to 5 Blue Turf



SPRINGFIELD YMCA GYMNASTICS & ARTS



MONTHLY SESSIONS

Member \$63 Non-member \$126

MARCH: 3.2 - 3.29.2026

APRIL: 3.30 - 4.26.2026



MONDAY

Gymnastics

5:15pm - 6pm

Ages 4 - 5

Gymnastics

Room

Gymnastics 1

6:15pm - 7pm

Ages 6 yrs and up

Gymnastics

Room



SPONSORED BY:

KLINE & SPECTER PC

TUESDAY

Gymnastics

1pm - 1:45pm

Ages 4 - 5

Gymnastics Room

Me & You Gymnastics

2pm - 2:30pm

Ages 2 - 3 With Parent/Guardian

Gymnastics Room

Gymnastics 1

4pm - 4:45pm

Ages 6 yrs and up

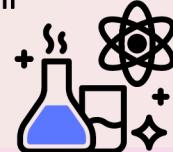
Gymnastics Room

Wacky Science

4pm - 4:45pm

Ages 5 - 8

Child Watch



WEDNESDAY

Emerging Engineers

4pm - 4:45pm

Ages 5 - 8

Child Watch Room



Building with Friends, Constructing Structures and Conducting Tests



THURSDAY

Gymnastics

2pm - 2:45pm

Ages 4 - 5

Gymnastics Room

Gymnastics 1

4pm - 4:45pm

Ages 6 yrs and up

Gymnastics Room

SATURDAY

Acting Class

11am - 12pm

Ages 6 - 10

Pathways Room

Discover how to gain confidence in public speaking, explore various script formats, and engage in enjoyable acting games.



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LEARN MORE: Trevor Gasiorowski
Sports Director
610.557.YMCA(9622), ext. 5013
610.557.9826 Direct
tgasiorowski@cyedc.org



MONTHLY SESSIONS

MARCH: 3.2 - 3.29.2026

APRIL: 3.30 - 4.26.2026



Monday

BEGINNER LEVEL 1 PICKLEBALL CLINIC

9am to 10:30am

\$75 member, \$150 non-member

Monday

ADVANCED BEGINNER LEVEL 2 PICKLEBALL CLINIC

10:30am to 12:00pm

\$75 member, \$150 non-member

Monday

ADVANCED BEGINNER LEVEL 2 PICKLEBALL CLINIC

5:30pm to 7:00pm

\$75 member, \$150 non-member

Monday

INTERMEDIATE LEVEL 3 PICKLEBALL CLINIC

7:00pm to 8:30pm

\$75 member, \$150 non-member

Thursday

ADVANCED BEGINNER LEVEL 2 PICKLEBALL CLINIC

9am to 10:30am

\$75 member, \$150 non-member

Thursday

INTERMEDIATE LEVEL 3 PICKLEBALL CLINIC

10:30am to 12:00pm

\$75 member, \$150 non-member

Thursday

BEGINNER LEVEL 1 PICKLEBALL CLINIC

5:30pm to 7:00pm

\$75 member, \$150 non-member

Thursday

INTERMEDIATE LEVEL 3

Pickleball Clinic

7:00pm to 8:30pm. \$75 member, \$150 non-member

Tuesday

DINKS, DROPS, & DRIVES LEVEL 4 PICKLEBALL CLINIC

6:00pm to 7:30pm

\$75 member, \$150 non-member

Tuesday **INVITE ONLY**

ADVANCED (4.0+) LEVEL 5 PICKLEBALL CLINIC

7:30pm to 9pm

Must have instructor approval or submit qualifications

\$75 member, \$150 non-member

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SPRINGFIELD YMCA TENNIS



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MONDAY ADULT LIVE BALL

7:00pm to 8:30pm

\$30 Drop in Member Fee



TUESDAY HIGH SCHOOL DEVELOPMENT

Ages 12+ 5:30 to 7:00pm

\$150 Member, \$300 Non-Member

WEDNESDAY

Red Ball 4-4:45pm \$75 Member, \$150 Non-Member

Orange Ball 5-6pm \$100 Member, \$200 Non-Member

Green Ball 6-7pm \$100 Member, \$200 Non-Member

SATURDAY

Cardio Tennis 9-10:30am \$30 Drop in Member Fee

Red Ball 10:30-11:15am \$75 Member, \$150 Non-Member

Orange Ball 11:30am-12:30pm \$100 Member, \$200 Non-Member

Green Ball 12:30-1:30pm \$100 Member, \$200 Non-Member



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