

# LANSDOWNE YMCA SWIM LESSONS

SWIM LESSON PROGRAM  
SESSION DATES:  
MARCH 2 – APRIL 26, 2026



8 WEEK SESSION:  
PARENT/CHILD, PRESCHOOL  
MEMBER \$84  
NON-MEMBER \$168  
SCHOOL AGE/TEEN/ADULT  
MEMBER \$126  
NON-MEMBER \$252



## MONDAY

Parent & Child	4 – 4:30pm
Preschool 1	4- 4:30pm
Preschool 2	4-4:30pm
School Age 1	4:35 – 5:15pm
School Age 2	4:35 – 5:15pm
School Age 3	4:35 – 5:15pm
Adult	9 – 9:40am 11 – 11:40am

## FRIDAY

Preschool 1	4 – 4:30pm
School Age 1	4 – 4:40pm
School Age 3	4 – 4:40pm
School Age 5	4:45 – 5:25pm
Teen	4:45 – 5:25pm
Adult	9 – 9:40am 11 – 11:40am 4:45 – 5:25pm

## WEDNESDAY

Preschool 1	4 – 4:30pm
Preschool 2	4 – 4:30pm
Preschool 3	4 – 4:30pm
School Age 1	4:35 – 5:15pm
School Age 2	4:35 – 5:15pm
School Age 4	4:35 – 5:15pm
Adult	9 – 9:40am 11 – 11:40am
Invinc-abilities	3:30 – 4pm

## SATURDAY

Parent & Child	8:40 – 9:10am
Preschool 1	8:40 – 9:10am 10 – 10:30am 11:20 – 11:50am
Preschool 2	8:40 – 9:10am 10 – 10:30am 11:20 – 11:50am
Preschool 3	10 – 10:30am 11:20 – 11:50am
School Age 1	9:15 – 9:55am 10:35 – 11:15am 12:45 – 1:25pm
School Age 2	9:15 – 9:55am 10:35 – 11:15am 11:55 – 12:35pm
School Age 3	9:15 – 9:55am 11:55 – 12:35pm
School Age 4	10:35 – 11:15am
School Age 5	11:55 – 12:35pm
Teen	12:45 – 1:25pm
Adult	12:45 – 1:25pm

REGISTRATION  
OPENS  
Monday, Jan. 26  
(Members)  
Wednesday, Jan. 28  
(All)

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LEARN MORE:  
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