

SPRINGFIELD BRANCH

POOL SCHEDULE

Effective: January 22, 2026 - May 24, 2026



6 LANE LAP POOL: Lap Swim

MONDAY

5am - 6:30pm
6:30pm - 8:30pm (3 lanes)
8:30 - 9:30pm

TUESDAY

5am - 6:30pm
10am - 11am (5 lanes)
6:30pm - 8:30pm (3 lanes)
8:30 - 9:30pm

WEDNESDAY

5am - 6:30pm
6:30pm - 8:30pm (3 lanes)
8:30pm - 9:30pm

THURSDAY

5am - 6:30pm
10am - 11am (5 lanes)
6:30pm - 8:30pm (3 lanes)
8:30pm - 9:30pm

FRIDAY

5am - 8:30pm

SATURDAY

6am - 5:30pm

SUNDAY

7am - 4:30pm

Ridley Rays competitive swim team
will be swimming in 3 lanes
6:30 - 8:30 11/17 - 2/19/2026

ACTIVITY/THERAPY POOL: Open Swim

MONDAY

5am - 8am
12:30pm - 4:30pm
8pm - 9:30pm

TUESDAY

5am - 8am
10am - 11:45am
1pm - 2pm (*PFD Free Swim)
1pm - 6:45pm
8pm - 9:30pm

WEDNESDAY

5am - 8am
12pm - 4:30pm
8pm - 9:30pm



*Personal Flotation Device (PFD) Free Swim offers red band swimmers to swim without a life jacket. One parent per child in the pool.

THURSDAY

5am-8am
11am - 11:45am
5pm - 6pm (*PFD Free Swim)
1pm - 7:00pm
8pm - 9:30pm

FRIDAY

5am - 7:30am
12pm - 5pm
6pm - 8:30pm

SATURDAY

6am - 9am
1:30pm - 5:30pm



SUNDAY

7am - 10am
12pm - 4:30pm



AQUA FITNESS :

All classes are 45 minutes unless noted

MONDAY

8am Aquatic Fit w/ Trina
9am Aqua Functional Fitness w/ Vicki (starting 9/8)
10:30am Aqua Zumba w/ Nikki
11:30am Aqua Easy w/ Tina
6:45pm Zumba w/ Michelle (Activity pool)

TUESDAY

8am Aqua Barre w/ Trina
9am Aqua Pump w/ Nikki
10am Aqua MS w/ Vicki (starting 9/8) (Lap Pool)
12pm Aqua Parkinson's w/ Vicki (Activity pool)
7pm Aqua Interval w/ Alyce

WEDNESDAY

8am Aquatic Fit w/ Trina
9am Aqua Fit w/ Roe
10am Aqua Interval w/ Alyce
11am Aqua Total Body Fitness w/ Nikki
7:15pm Aqua Push w/ Karyn

THURSDAY

8am Aqua Barre w/ Trina
9am Aqua Zumba w/ Nikki
10am Aqua MS w/ Vicki (starting 9/8) (Lap Pool)
12pm Aqua Parkinson's w/ Vicki (Activity pool)
7pm Total Body Aqua Fitness w/ Alyce

FRIDAY

8am Aqua Party w/ Trina
9am Aqua Fit w/ Roe
10:45am Aqua Easy w/ Tina

SATURDAY

12:15pm Aquatic Instructor's Choice

SUNDAY

10am Aqua Push+ w/ Karyn
11am Aqua Fit with Roe

Pool & Deck Close Promptly On: Weekdays (M-TH) @ 9:30 PM Friday @ 8:30 PM
Saturday @ 5:30 PM Sunday @ 4:30 PM