

# COMMUNITY YMCA APRIL 2026 NEWSLETTER



## LANSDOWNE SCHOOL AGE

### Dear Families,

Last month, all locations began the registration process for families in need of before and/or after school care for the 2026-2027 school year. While registration is still open, please note that space at each location is limited. We encourage current families to enroll promptly to secure a spot for their child.

If you are looking for fun, engaging weeks to keep your child active throughout the summer, we invite you to explore our [Summer Camp](#) programs. Some weeks have begun to fill. We welcome children entering Kindergarten through 7th grade. Our Lansdowne YMCA location provides both breakfast and lunch daily. For more information, please contact Dana Pierce or Cynthia Carroll. All branches continue ongoing camp registrations for this summer. A \$35 deposit is required for each week you wish to register your child. Families can register online, by calling the front desk, or in person at any of our three branch locations.

### Middle School Transition Update

As our 5th graders prepare for the exciting transition to middle school, we know this next step can bring a mix of anticipation and questions for both students and families. To support you through the process, we're sharing a helpful resource that outlines what to expect and how to make the transition as smooth as possible. The guide is attached for your convenience.

<https://parentacademymiami.com/wp-content/uploads/2020/08/TPA-Family-Matters-Transition-to-Middle-School-1.pdf>

We hope you find it useful as you navigate this next chapter together.

### Site Phone Numbers

Ardmore Ave: 610.713.5241

Aronimink: 610.853.2152

Garrettford: 610.626.0731

Hillcrest: 610.853.2171

Westbrook: 610.626.0745

Kindergarten Center:

610.284.9022

### Days off and Early Dismissals

#### Upper Darby School District

4/3: Program Closed

#### Ardmore Ave

4/3: Program Closed

4/6: OST Camp at Ardmore

\*\*Registration required

# YMCA COMUNITARIA ABRIL DE 2026



# HOJA INFORMATIVA



## LANSDOWNE EN EDAD ESCOLAR

### Estimadas familias,

El mes pasado, todos los centros abrieron el proceso de inscripción para familias que necesitan cuidado infantil antes y/o después de clases para el ciclo escolar 2026-2027. Si bien la inscripción aún está abierta, tenga en cuenta que el cupo en cada centro es limitado. Recomendamos a las familias inscritas que se registren lo antes posible para asegurar un lugar para su hijo/a.

Si busca semanas divertidas y estimulantes para que su hijo/a se mantenga activo/a durante todo el verano, le invitamos a explorar nuestros programas de campamento de verano. Algunas semanas ya se están llenando. Damos la bienvenida a niños/as desde kínder hasta séptimo grado. Nuestra sede de la YMCA de Lansdowne ofrece desayuno y almuerzo todos los días. Para más información, póngase en contacto con Dana Pierce o Cynthia Carroll. Todas nuestras sedes mantienen abiertas las inscripciones para el campamento de este verano. Se requiere un depósito de \$35 por cada semana que desee inscribir a su hijo/a. Las familias pueden inscribirse en línea, llamando a la recepción o en persona en cualquiera de nuestras tres sedes.

Actualización sobre la transición a la escuela secundaria  
Mientras nuestros alumnos de quinto grado se preparan para la emocionante transición a la escuela intermedia, sabemos que este paso puede generar tanto expectativas como preguntas, tanto para los estudiantes como para sus familias. Para apoyarlos durante este proceso, compartimos un recurso útil que describe qué esperar y cómo facilitar la transición. La guía se adjunta para su comodidad.

<https://parentacademymiami.com/wp-content/uploads/2020/08/TPA-Family-Matters-Transition-to-Middle-School-1.pdf>

Esperamos que les resulte útil a medida que afronten juntos este nuevo capítulo.

### Números de teléfono del sitio

Avenida Ardmore: 610.713.5241

Aronimink: 610.853.2152

Garrettford: 610.626.0731

Hillcrest: 610.853.2171

Westbrook: 610.626.0745

Centro de Jardín de Infantes:  
610.284.9022

### Días libres y salidas anticipadas

Distrito Escolar de Upper  
Darby

4/3: Programa cerrado

Avenida Ardmore

4/3: Programa cerrado

4/6: Campamento OST en  
Ardmore \*\*Se requiere  
inscripción

# COMMUNITY YMCA APRIL 2026 NEWSLETTER



## Ardmore

March was a blast, and we're excited to welcome the warmer days ahead in April. With the change in weather, we're looking forward to plenty of outdoor activities and fresh air. A big shoutout to our shining stars this month, Sarah and Jake. Sarah is a bright light in aftercare—she brings positivity, jumps into activities, and learns new things quickly. Her kindness and fun personality make everyone around her smile. Jake brings so much fun to our group. His humor, easy going attitude, and ability to make everyone feel included make him a joy to be around. He adds excitement to every day.

## Garrettford

Garrettford kids will enjoy some specialized hands-on spring activities with new materials that support social and emotional learning, music and sports. And with the weather getting warmer, students can expect daily large motor group games outside more often. These engaging activities are designed to not only enhance their physical skills but also foster teamwork, communication, and emotional resilience.

### OST Directors Contact Information

Cindy Carroll (OST)  
Out of School Time  
Director  
K-Center & Aronimink  
[Ccarroll@cyedc.org](mailto:Ccarroll@cyedc.org)  
610.284.9022

Dana Pierce (OST)  
Out of School Time Director  
Ardmore Ave., Garrettford,  
Hillcrest & Westbrook Park  
[Dpierce@cyedc.org](mailto:Dpierce@cyedc.org)  
610.713.5241

## Aronimink

The children have been excitedly talking about the signs of spring and painting beautiful flowers that bloom during the spring months. With new paint colors recently introduced, they've been using their imaginations and creativity to bring spring to life. Little by little, they are working together to create a colorful springtime mural, which will soon be proudly displayed for everyone to enjoy!

## Westbrook Park

As we return from break, we're excited for more outdoor play as the weather warms up. Students will have plenty of chances to build their gross motor skills and enjoy cooperative play, while OST staff continue encouraging teamwork, creativity, and inclusive fun. Our Star of the Month is Grayson. He's incredibly helpful, loves sports, and brings great teamwork to every activity. He's always ready to lend a hand, encourage others, and make sure everyone feels included. His positive attitude makes aftercare better every day.



# YMCA COMUNITARIA ABRIL DE 2026 HOJA INFORMATIVA



## Ardmore

Marzo fue genial, y estamos emocionados de recibir los días más cálidos de abril. Con el cambio de clima, esperamos muchas actividades al aire libre y aire fresco. Un saludo especial a nuestras estrellas este mes, Sarah y Jake. Sarah es una luz brillante en el programa de cuidado después de clases: aporta positividad, se une a las actividades y aprende cosas nuevas rápidamente. Su amabilidad y personalidad divertida hacen sonreír a todos a su alrededor. Jake aporta mucha alegría a nuestro grupo. Su humor, su actitud relajada y su capacidad para hacer que todos se sientan incluidos hacen que sea un placer estar con él. Le da emoción a cada día.

## Garrettford

Los niños de Garrettford disfrutarán de actividades prácticas y especializadas esta primavera con nuevos materiales que fomentan el aprendizaje socioemocional, la música y los deportes. Además, con la llegada del buen tiempo, podrán disfrutar de juegos grupales al aire libre con mayor frecuencia. Estas actividades dinámicas están diseñadas no solo para mejorar sus habilidades físicas, sino también para promover el trabajo en equipo, la comunicación y la resiliencia emocional.

### Información de contacto de los directores de OST

Cindy Carroll (OST),  
Directora de Programas  
Extracurriculares de K-  
Center y Aronimink  
Ccarroll@cyedc.org  
610.284.9022

Dana Pierce (OST) Directora de  
Programas Extracurriculares  
Ardmore Ave., Garrettford,  
Hillcrest y Westbrook Park  
Dpierce@cyedc.org  
610.713.5241

## Aronimink

Los niños han estado hablando con entusiasmo sobre las señales de la primavera y pintando hermosas flores que florecen durante estos meses. Con los nuevos colores de pintura que han introducido recientemente, han estado usando su imaginación y creatividad para dar vida a la primavera. Poco a poco, están trabajando juntos para crear un colorido mural primaveral, que pronto se exhibirá con orgullo para que todos lo disfruten.

## Parque Westbrook

Al regresar de las vacaciones, nos entusiasma disfrutar de más juegos al aire libre con la llegada del buen tiempo. Los estudiantes tendrán muchas oportunidades para desarrollar su motricidad gruesa y disfrutar del juego cooperativo, mientras que el personal de OST continúa fomentando el trabajo en equipo, la creatividad y la diversión inclusiva. Nuestro alumno destacado del mes es Grayson. Es increíblemente servicial, le encantan los deportes y aporta un gran espíritu de equipo a cada actividad. Siempre está dispuesto a ayudar, animar a los demás y asegurarse de que todos se sientan incluidos. Su actitud positiva mejora el programa de cuidado después de clases cada día.



# COMMUNITY YMCA APRIL 2026 NEWSLETTER



## Hillcrest

Hillcrest OST students made Leprechans with pots of gold to celebrate Saint Patrick's Day, but the most popular activity was turning our drinking water green. We are going to change our water color again before spring break. Most kids were surprised the water did not taste differently after changing the color. We are still reading Superfudge as a group and Yacoub recently enjoyed reading to a group of children a book that he brought from home. We had special treats given to our great listeners. George and Charlotte were award winners for following directions on the early dismissal days. We have also finally made it outside to the playground more now that the snow has melted away.

## Kindergarten Center

### Room A

Come along on an exciting adventure as we explore different types of mammals! Will we find them in the jungle? Maybe even in the ocean? Let's see! Along the way, we'll encounter fascinating insects and learn how to tell them apart. What happens when it rains? Where does the water go? We'll discover the answers as we learn all about the water cycle. At the end of our journey, we'll finish with a bang as we explore amazing volcanoes!

### Room Z

Hop into April with us as we explore the wonders of nature!

We'll discover weather patterns, meet wriggly-wiggly insects, learn about buzzing bees, and find fun ways to care for our Earth. During Earth Week, we'll dive into reducing, reusing, and recycling while learning how even small actions can help keep our world happy and healthy!

## Important Tax Information

Important Tax Information - When filing your 2025 taxes, here is the YMCA Tax ID#23-1614045. You may be eligible for a tax credit. Go to <https://www.irs.gov/taxtopics/tc602> for more information.

Families have the ability to print your own tax statements by logging into your CYEDC account. Click [here](#) to view a tutorial.

If you would like one printed for you, kindly contact: J'hannel Becoat: [jbecoat@cyedc.org](mailto:jbecoat@cyedc.org)



The CYEDC is an Equal Opportunity Early Childhood Provider

# YMCA COMUNITARIA ABRIL DE 2026 HOJA INFORMATIVA



## Hillcrest

Los alumnos de Hillcrest OST hicieron duendes con ollas de oro para celebrar el Día de San Patricio, pero la actividad más popular fue teñir de verde nuestra agua potable. Volveremos a cambiar el color del agua antes de las vacaciones de primavera. A la mayoría de los niños les sorprendió que el agua no supiera diferente después de cambiarle el color. Seguimos leyendo Superfudge en grupo y Yacoub disfrutó recientemente leyéndoles a un grupo de niños un libro que trajo de casa. Tuvimos golosinas especiales para nuestros oyentes más atentos. George y Charlotte fueron premiados por seguir las instrucciones en los días de salida temprana. También hemos podido salir más al patio de recreo ahora que la nieve se ha derretido.

## Centro de jardín de infancia

### Habitación A

¡Acompáñanos en una emocionante aventura mientras exploramos diferentes tipos de mamíferos! ¿Los encontraremos en la selva? ¿Quizás incluso en el océano? ¡Ya veremos! En el camino, nos toparemos con fascinantes insectos y aprenderemos a distinguirlos. ¿Qué sucede cuando llueve? ¿Adónde va el agua? Descubriremos las respuestas mientras aprendemos todo sobre el ciclo del agua. ¡Al final de nuestro viaje, terminaremos a lo grande explorando increíbles volcanes!

### Habitación Z

¡Acompáñanos en abril a explorar las maravillas de la naturaleza!

Descubriremos patrones climáticos, conoceremos insectos fascinantes, aprenderemos sobre las abejas y encontraremos maneras divertidas de cuidar nuestro planeta. Durante la Semana de la Tierra, profundizaremos en la reducción, la reutilización y el reciclaje, ¡y aprenderemos cómo incluso las pequeñas acciones pueden contribuir a un mundo feliz y saludable!

### Información fiscal importante

Información fiscal importante: al presentar su declaración de impuestos de 2025, aquí está el número de identificación fiscal de la YMCA: 23-1614045. Es posible que sea elegible para un crédito fiscal. Vaya a [Para obtener más información, visite https://www.irs.gov/taxtopics/tc602](https://www.irs.gov/taxtopics/tc602).

Las familias pueden imprimir sus propias declaraciones de impuestos iniciando sesión en su cuenta de CYEDC. Haga clic aquí para ver un tutorial. Si desea que le imprimen uno, póngase en contacto con J'hannel Becoat: [jbecoat@cyedc.org](mailto:jbecoat@cyedc.org)



El CYEDC es un proveedor de servicios para la primera infancia que ofrece igualdad de oportunidades.

# COMMUNITY YMCA APRIL 2026 NEWSLETTER



WPSD -Ardmore  
Avenue  
UDSD-Upper  
Darby Schools

## APRIL 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3 Programs Closed	4
5	6 WPSD OST Camp	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

Click on a picture  
to learn more...



# YMCA COMUNITARIA ABRIL DE 2026 HOJA INFORMATIVA



WPSD - Avenida  
Ardmore  
Escuelas de  
Upper Darby del  
distrito escolar  
de Upper Darby  
(WPSD)

## ABRIL DE 2026

Domingo	Lunes	Martes	Miércoles	Jueves	Viernes	Sábado
			1	2	3 Programas cerrados	4
5	6 Campamento de la banda sonora de WPSD	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		





# YLeadHers

**Confidence.Friendship.GrowingIntoYou.**

ages 11-17

- ✿ Self-Confidence & positive self-image
- ✿ Healthy friendships & communication
- ✿ Handling peer pressure
- ✿ Teamwork & leadership skills
- ✿ Goal setting & self-expression



Complimentary  
Program with  
Membership

Limited  
Spots! –  
Register  
with us  
today!

**Friday 3:00PM – 5:30PM**  
**April Monthly Program:**  
**3.30 – 4.26.26**

A nurturing and empowering community where schoolgirls develop confidence, forge healthy friendships, and uncover their inner strength.

Building strong futures & stronger girls.

More information: Myndi Tolbert  
mtolbert@cyedc.org 610-259-8394

**Hosted at the Lansdowne YMCA**  
**2110 Garrett Rd, Lansdowne**



# YLeadHers

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**Hosted at the Lansdowne YMCA**  
**2110 Garrett Rd, Lansdowne**

THE  
FRIENDSHIPS,  
FUN,  
ADVENTURE  
PLACE

# SUMMER CAMP 2026



www.cyedc.org

REGISTER  
NOW!

REGISTER AT ANY OF OUR  
BRANCHES  
LANSDOWNE, RIDLEY AREA OR  
SPRINGFIELD  
CALL 610.557.9622 OR ONLINE -  
WWW.CYEDC.ORG



BUILD FRIENDSHIPS AND CREATE SUMMER MEMORIES!



## YMCA TOGETHERHOOD FREE FOOD INITIATIVES



### PANTRY

YMCA Association Building  
Next to Lansdowne YMCA  
2104 Garrett Rd. Lansdowne

SHELF STABLE &  
MEATS, DAIRY &  
ESSENTIALS

**WEDNESDAY**  
**4 - 6PM**

April 1  
April 15  
April 29

### PARKING LOT

Lansdowne YMCA  
2110 Garrett Rd.  
Lansdowne

FRESH FRUITS  
& VEGETABLES

**SATURDAY**  
**8:30AM**

April 11  
April 25

Time is  
Dependent on  
Delivery



PROUD  
PARTNERS:



- Pantry Only: Numbers will be given to pantry shoppers beginning at 2pm until 3:50pm.
- If you did not receive a number (3:50pm and later), You will form a line.
- Must present ID at check-in.
- First come, First serve. No RSVP required.
- Please bring reusable bags.
- Park in Lansdowne Y parking lot.



Proceeds Benefit the YMCA of Eastern Delaware County  
www.cyedc.org

# GIFT CARD



# FRIDAY, APRIL 17

DOORS OPEN AT 6:30PM

EVENT LOCATION: RIDLEY'S CREEKSIDE CENTER  
794 MILMONT AVE, SWARTHMORE

**REGISTER NOW!**

Tickets:

\$35 - \$325 for a table of ten

Includes: 10 Rounds, 4 boards per round, door prize ticket

TICKETS WILL NOT BE SOLD AT THE DOOR!



★ Attendees are permitted to bring their own food, beer & wine

★ Additional Boards, 50/50 and Raffle Basket Tickets will be sold at event!

★ Turn it into a themed night! Exciting prizes given for best themes!

? - Contact Danielle Mirigliano at [dmirigliano@cyedc.org](mailto:dmirigliano@cyedc.org) with any questions

# RIDLEY AREA YMCA PARENTS' NIGHT OUT SPRING FLING THEME!

Includes Pizza & Juice Box

**FRIDAY, APRIL 10  
6-9PM**

**Ages 4 - 12 years**    \$20 member, \$40 non-member    Child Watch



LEARN MORE:

Haley Russo  
Youth Development Director  
610.544.1080, ext. 2208  
484.479.3401  
[h Russo@cyledc.org](mailto:h Russo@cyledc.org)



# New in May at the Lansdowne YMCA



## MUSIC & MOVEMENT

Join us for a joyful, interactive music class designed for little ones and their grown-ups. We'll sing, move, play simple instruments, and explore rhythm in a fun, nurturing space. It's the perfect way to bond, build early learning skills, and make new friends. Come make music with us!

Tuesday  
9:45 to 10:45am  
Ages 1 year - 3 years old  
Child Watch

MONTHLY SESSIONS  
Member \$63 Non-member \$126

## HOMESCHOOL CYBER STUDENT PROGRAM

### GYM - STEM AND SWIM

Thursday 12:30 to 2:30pm, MPR  
Grades 2nd-5th

Join us for fun, hands-on afternoons where homeschoolers can try gym games, STEM activities, and pool time! It's a great way to explore our programs and connect with other families. We'd love to see you there!

APRIL Themes — Nature, Earth & Exploration

Week 1: Spring Science

Week 2: Water Safety, Pool Day!!

Week 3: Earth Day Prep

Week 4: Cultural Cooking



## KIDS KARATE

EARLY LEARNING FAMILIES ONLY

Cost: \$55.00

Mondays 2:30 to 3:15pm

Ages 5-6 years old



THE *Developing Young Minds*  
PLACE



LIFEGUARD

# ARE YOU WHISTLE WORTHY?

**ENROLL  
NOW!**

**AMERICAN RED CROSS**

**LIFEGUARDING CERTIFICATION**

**APRIL  
CLASS**

Friday April 17th - 5:30pm - 10pm  
Saturday April 18th - 9am - 7pm (Recert.)  
Sunday April 19th - 11am - 7pm

**MAY  
CLASS**

Friday May 8th - 5:30pm - 10pm  
Saturday May 9th - 9am - 7pm (Recert.)  
Sunday May 10th - 11am - 7pm

**JUNE  
CLASS**

Friday June 5th - 5:30pm - 10pm  
Saturday June 6th - 9am - 7pm (Recert.)  
Sunday June 7th - 11am - 7pm

\$325 for full three-day certification  
\$200 for one-day (Saturday) recertification

Location - Ridley High School - 901 Morton Ave, Folsom, PA 19033

Questions? Contact: Ron Berardocco at [info@lifeguardtrainingassociates.com](mailto:info@lifeguardtrainingassociates.com)

SCAN



[www.cyedc.org](http://www.cyedc.org)



# FOOTBALL LEAGUE!

# NEW!

April 18 - May 23

SATURDAY  
6-WEEK  
LEAGUE

RIDLEY AREA YMCA  
OUTDOOR  
FIELD

Players receive an authentic NFL Flag Jersey to keep.



10am-11am  
Ages 7 to 12  
Coed

Developmental  
& Game Play

LEARN MORE:

Haley Russo  
Youth Development Director  
610.544.1080, ext. 2208  
484.479.3401  
hrusso@cyedc.org



Members - \$85  
Non-Members - \$170



# SPRINGFIELD YMCA



# ALL ABILITIES YOUTH SPORTS CLINICS

\$5 members, \$10 non-members per clinic

**SUNDAY, APRIL 12**

**LOCATION: BASKETBALL COURT**

**TIME: 12:00 PM - 1:00 PM**

**ACTIVITY: BASKETBALL CLINIC**

**AGE GROUP: 7-12 YEARS (FLEXIBLE)**



**SUNDAY, APRIL 19**

**LOCATION: TURF**

**TIME: 12:00 PM - 1:00 PM**

**ACTIVITY: SOCCER CLINIC**

**AGE GROUP: 7-12 YEARS (FLEXIBLE)**



**! GO TEAM !**

# RIDLEY AREA YMCA INDOOR FAMILY MOVIE NIGHT




FRIDAY  
MAY 1 7 - 9PM

**SUPER MARIO BROS. MOVIE**

\$20 PER FAMILY

Popcorn  
included!



Come with your loved ones to enjoy a movie full of  
laughter, action and adventure.

[www.cyedc.org](http://www.cyedc.org)