



# TOGETHERHOOD Community Update

April 2026

Volunteer Appreciation Week: April 19th-25th



## Togetherhood Makes it Easier to Give Back

At the Y, we're dedicated to **strengthening** community by giving back and supporting our neighbors. **Togetherhood** strengthens the Y's mission as a nonprofit organization envisioning a strong **community**, locally, nationally, and globally.



## Volunteer Spotlight Beatrice "Bea" Thompson

From volunteer to employee, Bea has been a part of our Y Family for the last two years. She started in our pantry and soon transitioned to include Fitness Coach at our Lansdowne location. But Bea is much more than a Fitness Coach; she is a smiling face to those 5am gym attendees, someone to chat with on those dark mornings and a great motivator. And as a bonus to our Y, she comes in super early for her shift to make sure our Fitness Center is clean and in order before she starts her day.

Bea is a lifelong volunteer, always wanting to help those less fortunate. From sticking up to bullies on the playground, to helping veterans and volunteering at church, her need to help those less fortunate gives her purpose and fills her heart.

Bea has been a member of the Order of Eastern Stars for the last 22 years following in her father's footsteps who was a Mason most of his life. After retiring from PNC Bank for 30 years, Bea could not just sit around. She needed to satisfy her need to help others and to keep busy, so she started volunteering more at her church and helping veterans and then she added volunteer work here at the YMCA. We are so grateful she came to volunteer and now works with us in our Y Family.

You can find Bea's smiling face at the Fitness Center early morning Monday through Friday. Come stop and say hi.

The YMCA welcomes volunteers of all ages and backgrounds to share their time and talent. Learn more about how you can get involved at the Y and help create a connected community where everyone can thrive.



Scan to Fill Out our  
Volunteer Application.

We  Bea.