

LANSDOWNE BRANCH POOL SCHEDULE



Effective: September 21, 2026

MONDAYS

TIME	ACTIVITY
5:05 – 8:50am	Lap Swim/Water Walking
12 – 2:00pm	Lap Swim/Water Walking
2:00 – 3:45pm	Lap Swim/Open Swim
5:30 – 6:30pm	Lap Swim (3 Lanes)

TUESDAYS

TIME	ACTIVITY
5:05 – 8:50am	Lap Swim/Water Walking
11:00 – 3:00pm	Lap Swim/Water Walking
3:00 – 4:15pm	Lap Swim/Open Swim
8:05 – 8:50pm	Lap Swim/Water Walking

WEDNESDAYS

TIME	ACTIVITY
5:05 – 8:50am	Lap Swim/Water Walking
12pm – 2:00pm	Lap Swim/Water Walking
2:00 – 3:15pm	Lap Swim/Open Swim
5:30 – 6:30pm	Open Swim

NOTES:

- Our pools are open to Community YMCA members at the times listed.
- Member reciprocity (non-CYEDC branches) and guests are not permitted during open swim session.
- Lap Swim – open to adult members and youth members who have passed the green band test and are swimming laps
- Water Walking – open to adult members for exercise in an open part of the pool
- Open Swim – open to all Community YMCA members
- Swim test and identifying wristbands are required for swimmers under 18 years old.
- Parent or Guardian (18+ years old) are required in the pool with all red band swimmers, who wear PFDs. One adult may have no more than two red band swimmers for whom they are responsible for in the water.
- Parent or Guardian (18+ years old) are required to remain on the pool deck to supervise swimmers 12 years and under, regardless of wristband color.

THURSDAY

TIME	ACTIVITY
5:05 – 8:50am	Lap Swim/Water Walking
12:00 – 3:00pm	Lap Swim/Water Walking
3:00 – 4:15pm	Lap Swim/Open Swim
8:05 – 8:50pm	Lap Swim/Water Walking

FRIDAY

TIME	ACTIVITY
5:05 – 8:50am	Lap Swim/Water Walking
12:00 – 2:00pm	Lap Swim/Water Walking
2:00 – 3:45pm	Lap Swim/Open Swim

SATURDAY

TIME	ACTIVITY
6:05 – 8:30am	Lap Swim/Water Walking
1:00 – 2:30pm	Lap Swim/Water Walking
2:30 – 5:30pm	Lap Swim/Open Swim

SUNDAY

TIME	ACTIVITY
8:05 – 8:55am	Lap Swim/Water Walking
1:10 – 2:30pm	Lap Swim/Water Walking
2:30 – 4:30pm	Lap Swim/PFD Free Open Swim

