

REGISTRATION OPENS

Monday, October 5
(Members)
Wednesday, October 7
(All)

www.cyedc.org
610.557.9622

YMCA of Eastern Delaware County

ARTS/SPORTS & SWIM LATE FALL PROGRAMS

LANDSDOWNE YMCA
2110 GARRETT ROAD
LANDSDOWNE, PA 19050
610.557 YMCA (9622) EXT. 1

RIDLEY AREA YMCA
900 SOUTH AVENUE
SECANE, PA 19018
610.557 YMCA (9622) EXT. 2

SPRINGFIELD YMCA
194 W. SPROUL RD
SPRINGFIELD, PA 19064
610.557 YMCA (9622) EXT. 3



SWIM LESSON PROGRAMS

8 WEEK SESSION DATES:

NOVEMBER 2 — DECEMBER 27

ARTS/SPORTS PROGRAMS

MONTHLY (4-WEEK) SESSION DATES:

NOVEMBER 2 — NOVEMBER 29
NOVEMBER 30 — DECEMBER 27

LANSDOWNE YMCA SWIM LESSONS

SWIM LESSON PROGRAMS
6 WEEK SESSION DATES:
NOVEMBER 2 – DECEMBER 27

8 WEEK SESSION:
PARENT/CHILD, PRESCHOOL
MEMBER $84
NON-MEMBER $168

SCHOOL AGE/TEEN/ADULT
MEMBER $126
NON-MEMBER $252

MONDAY

Parent & Child	4 – 4:30pm
Preschool 1	4 – 4:30pm
Preschool 2	4 – 4:30pm
School Age 1	4:35 – 5:15pm
School Age 2	4:35 – 5:15pm
School Age 3	4:35 – 5:15pm
Adult	9 – 9:40am 11 – 11:40am

WEDNESDAY

Preschool 1	4 – 4:30pm
Preschool 2	4 – 4:30pm
Preschool 3	4 – 4:30pm
School Age 1	4:35 – 5:15pm
School Age 2	4:35 – 5:15pm
School Age 4	4:35 – 5:15pm
Adult	10 – 10:40am 11 – 11:40am
Invinc-abilities	3:30 – 4pm

FRIDAY

Preschool 1	4 – 4:30pm
School Age 1	4 – 4:40pm
School Age 3	4 – 4:40pm
School Age 5	4:45 – 5:25pm
Teen	4:45 – 5:25pm
Adult	9 – 9:40am 11 – 11:40am 4:45 – 5:25pm

REGISTRATION OPENS
Monday, October 5 (Members)
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www.cyedc.org
610.557.9622



LEARN MORE:
Chris Blakney
Aquatics Director
610.259.1661, ext. 3013
610.713.5244 Direct
cblakney@cyedc.org

SATURDAY

Parent & Child	8:40 – 9:10am
Preschool 1	8:40 – 9:10am 10:05 – 10:35am 11:20 – 11:50am
Preschool 2	8:40 – 9:10am 10:05 – 10:35am 11:20 – 11:50am
Preschool 3	10:05 – 10:35am 11:20 – 11:50am
School Age 1	9:15 – 9:55am 10:40 – 11:20am
School Age 2	9:15 – 9:55am 10:40 – 11:20am
School Age 3	9:15 – 9:55am
School Age 4	10:40 – 11:20am
School Age 5	12:00 – 12:40pm
Teen	12:00 – 12:40pm
Adult	12:00 – 12:40pm



THE I Learned To *Swim* PLACE

RIDLEY AREA YMCA SWIM LESSONS

SWIM LESSON PROGRAMS
8 WEEK SESSION DATES:
NOVEMBER 2 – DECEMBER 27

the YMCA

8 WEEK SESSION:
PARENT/CHILD, PRESCHOOL
MEMBER $84
NON-MEMBER $168

SCHOOL AGE/TEEN/ADULT
MEMBER $126
NON-MEMBER $252



MONDAY

Preschool 1	4:00 – 4:30pm
Preschool 3	4:00 – 4:30pm
School Age 2	4:35 – 5:15pm
School Age 3	4:35 – 5:15pm
School Age 5	7:05 – 7:45pm
Adult	11:35 – 12:15pm
Adult	7:50 – 8:30pm

TUESDAY

Preschool 1	4 – 4:30pm
Preschool 2	4 – 4:30pm
School Age 1	5:20 – 6:00pm
School Age 2	5:20 – 6:00pm
School Age 3	4:35 – 5:15pm
School Age 4	4:35 – 5:15pm
Adult	11:35 – 12:15pm

WEDNESDAY

Preschool 1	4:45 – 5:15pm
Preschool 2	4:45 – 5:15pm
School Age 1	4 – 4:40pm
School Age 2	4 – 4:40pm
School Age 4	7:05 – 7:50pm
Teen	7:50 – 8:30pm

THURSDAY

Preschool 2	4:45 – 5:15pm
Preschool 3	4:45 – 5:15pm
School Age 1	4 – 4:40pm
School Age 2	4 – 4:40pm
School Age 3	5:20 – 6:00pm
School Age 4	5:20 – 6:00pm
Adult	11:35 – 12:15pm

FRIDAY

Parent & Child	9:45 – 10:15am
Adult	10:20 – 11:00am

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LEARN MORE:
Ridley Area Aquatics Director
Jessica Ditondo
Aquatics Director
484.479.3407 Direct
jditondo@cyedc.org

SATURDAY

Parent & Child	8:10 – 8:40am
Preschool 1	8:50 – 9:20am
Preschool 1	10:10 – 10:40am
Preschool 2	8:50 – 9:20am
Preschool 2	10:10 – 10:40am
Preschool 3	8:50 – 9:20am
Preschool 3	10:10 – 10:40am
School Age 1	9:25 – 10:05am
School Age 1	10:45 – 11:25am
School Age 1	11:30 – 12:10pm
School Age 2	9:25 – 10:05am
School Age 3	9:25 – 10:05am
School Age 3	11:30 – 12:10pm
School Age 4	10:45 –11:25am
School Age 5	10:45 – 11:25am
School Age 5	12:15 – 12:55pm
Teen	11:30 – 12:10pm
Teen	12:15 – 12:55pm
Adult	12:15 – 12:55pm

THE *Better* with Every Lesson **PLACE**



RIDLEY AREA YMCA
ARTS & SPORTS

the YMCA

ARTS/SPORTS PROGRAMS
MONTHLY (4-WEEK) SESSION DATES:
NOVEMBER 2 – NOVEMBER 29
NOVEMBER 30 – DECEMBER 27

MONTHLY SESSIONS
MEMBER $63 NON-MEMBER $126

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MONDAY

Science Seekers
12:30 – 1:15pm
3 – 6 years
Kitchen
Explore & Experiment! Come and ignite your child's passion for science with us!

Let's Tumble
1:30 – 2:15pm
3 – 6 years
Gym A
Our program enhances balance, strength, and agility, promoting coordination, confidence, and healthy habits from a young age.

Let's Tumble
6:10 – 6:40pm
6 – 8 years
Gym A
Our program enhances balance, strength, and agility, promoting coordination,

TUESDAY

Arts & Crafts
12:30 – 1:15pm
3 – 6 years
Kitchen
Create with friends! Activities like painting, crafting, and building inspire and engage young minds.

Soccer
1:30 – 2:15pm
3 – 6 years
Gym A
Explore the fundamentals of soccer through enjoyable sessions that teach basic dribbling and goal-scoring techniques to develop essential skills.

Baby Ballet
4:30 – 5:10pm
3 – 5 years
MPR
Ballet basics for beginners. Join us to watch your little ones shine on their toes!

Silly Slime
5:15 – 5:50pm
5 – 8 years
Kitchen
Enjoy messy fun with slime while we handle the cleanup, letting your child's imagination flourish!

WEDNESDAY

Basketball
12:30 – 1:15pm
3 – 6 years
Gym A
Dribble, Pass, and Play Basketball Come join us and see your child's confidence soar through the joy of play!

Silly Slime
1:30 – 2:15pm
3 – 6 years
Kitchen
Icky fun, leave the mess to us! Let your child dive into the world of slime and watch their imagination come alive!

Basketball
6:10 – 6:40pm
8 – 12 years
Gym A
Dribble, Pass, and Play Basketball! Emphasize teamwork, discipline, and game fundamentals, making sure every child feels valued and encouraged.

THURSDAY

Music Makers
12:30 – 1:15pm
3 – 6 years
MPR
Explore Instruments & Sounds! Let your child delve into the world of music with our interactive sessions.

Little Chefs
1:30 – 2:15pm
3 – 6 years
Kitchen
Create tasty treats using recipes, allowing children to explore ingredients, learn about nutrition, and enjoy making delicious food from scratch.

Little Chefs
6:15 – 7pm
4 – 8 years
Kitchen
Create tasty treats using recipes, allowing children to explore ingredients, learn about nutrition, and enjoy making delicious food from scratch.

FRIDAY

Play Group **9 – 9:30am** **Birth – 3 years** **Gym A**

NO COST! Socialize, connect with other children & parents!

SATURDAY

Tumbling Tots
9 – 9:35am
3 – 5 years
Gym A
Balance, Strength & Agility! Sign up today to watch your child grow, learn, and enjoy the joy of movement!

Basketball
9:55 – 10:30am
4 – 7 years
Gym A
Dribble, Pass, and Play Basketball Come join us and see your child's confidence soar through the joy of play!





LEARN MORE:
Haley Russo
Youth Development Director
610.544.1080, ext. 2208
484.479.3401
hrusso@cyedc.org



THE *Unleash your Creativity* **PLACE**

the YMCA

PARENTS' NIGHT OUT



SLIME PARTY!

Friday, November 20th
6-9pm
Ridley Area YMCA

Parents, Take the opportunity to enjoy a night out while your kids have a blast of their own!



Make your own slime and more fun

4 – 12 years

- Pizza and juice box provided

$20 members
$40 non-members



BREAKFAST

With Santa

Join us for a delightful morning brimming with joy, laughter, and festive spirit! Bring your little ones and create unforgettable memories while indulging in a tasty light breakfast bar, engaging in crafts, and capturing pictures with Santa Claus himself!

SUNDAY, DECEMBER 13
9 - 10:30 AM

RIDLEY AREA YMCA

GYM C

$10 Members
$20 Non-Members





SPRINGFIELD YMCA SWIM LESSONS

SWIM LESSON PROGRAMS
8 WEEK SESSION DATES:
NOVEMBER 2 – DECEMBER 27

the YMCA

8 WEEK SESSION:
PARENT/CHILD, PRESCHOOL
MEMBER $84
NON-MEMBER $168

SCHOOL AGE/TEEN/ADULT
MEMBER $126
NON-MEMBER $252



MONDAY

Invincibility Parent & Child	4:20 – 5:00pm
Parent & Child	5:05 – 5:35pm
Preschool 1	5:05 – 5:35pm
Preschool 1	5:40 – 6:10pm
Preschool 2	5:05 – 5:35pm
Preschool 2	5:40 – 6:10pm
Preschool 3	5:40 – 6:10pm
Preschool 4	5:40 – 6:10pm
School Age 1	6:15 – 6:55pm
School Age 2	6:15 – 6:55pm
School Age 3	6:15 – 6:55pm
School Age 4/5	6:15 – 6:55pm

WEDNESDAY

Preschool 1	5:05 – 5:35pm
Preschool 2	5:05 – 5:35pm
Preschool 3	5:40 – 6:10pm
Preschool 4	5:40 – 6:10pm
School Age 1	6:15 – 6:55pm
School Age 2	6:15 – 6:55pm
School Age 3	6:15 – 6:55pm
School Age 4/5	6:15 – 6:55pm
Adult	9 – 9:40am

FRIDAY

Preschool 1	3:30 – 4:00pm
School Age 2	4:05 – 4:45pm
Teen (lap pool)	4:50 – 5:30pm

SATURDAY

Parent & Child	9am – 9:30am
Preschool 1	9:35 – 10:05am
Preschool 2	9:35 – 10:05am
Preschool 3	10:10 – 10:40am
Preschool 4	10:10 – 10:40am
School Age 1	10:45 – 11:25am
School Age 2	10:45 – 11:25pm
School Age 3	11:25 – 12:05pm
School Age 4/5	11:25 – 12:05pm

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LEARN MORE:
Nikki Smith
Aquatics Director
610.557.9825 Direct
nsmith@cyedc.org





INVINCIBILITY

CHILD & ADULT (Parent/Caregiver) INCLUSION SWIM CLASS



the YMCA

SPRINGFIELD YMCA

8-WEEK SESSION –
MONDAY AT 4:20PM
NOVEMBER 2 TO DECEMBER 27



SAFE AND CLEAN
Well-maintained pools with top safety standards.

EXPERIENCED INSTRUCTORS
Led by instructors dedicated to a positive experience.

FOCUSED ON AN ENCOURAGNG LEARNING ENVIRONMENT
In this unique program, a parent, guardian, or caregiver participates in the water alongside the swimmer.

CALL US TODAY
610.557-9622

VISIT US ON THE WEB
www.cyedc.org

MEMBER $126
NON-MEMBER $252

ENROLL TODAY!
SPACES ARE LIMITED.

NIKKI SMITH
AQUATICS DIRECTOR
610.557.9825
NSMITH@CYEDC.ORG



SPRINGFIELD YMCA! LATE FALL SPORTS

ARTS/SPORTS PROGRAMS
MONTHLY (4-WEEK) SESSION DATES:
NOVEMBER 2 – NOVEMBER 29
NOVEMBER 30 – DECEMBER 27

MONTHLY SESSIONS
MEMBER $63 NON-MEMBER $126



MLS GO SOCCER LEAGUE

Saturdays: November 14 – December 19
Ages 3 -5 years 10am – 11am
Ages 6-9 years 11am – 12pm
$75 (includes jersey)

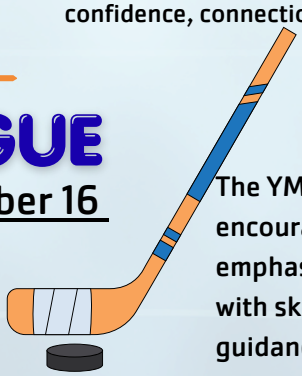
MLS GO is Major League Soccer's recreational youth program dedicated to providing an inclusive and high-quality soccer experience for all.
By offering a structured, community-based program with connections to a developmental pathway, we aim to break down barriers and make soccer accessible to all.



NFL FLAG FOOTBALL LEAGUE

Sundays: November 15 – December 20
Ages 8 -12 years 10:30am – 12pm
$85 (includes jersey)

Flag Football is not about who you are. It is about who you become. Shape the game, create the play, and make it yours in a sport built for confidence, connection, and the next generation of athletes.



DECK HOCKEY LEAGUE

Wednesdays: November 4 – December 16
(No program 11/25)
Ages 8 -12 years 7pm – 8pm
$75 for members

The YMCA provides equipment, but players are encouraged to bring their own. Join our beginner league emphasizing gameplay and skill development, starting with skills and drills, followed by gameplay with coach guidance.

SPORTS SAMPLER

Exposes young athletes to a variety of sports.



Wednesday: November Session, December Session
Blue Turf | Ages 3 -5 years
5:15 pm – 6:00 pm



BASKETBALL CLINICS

Thursday: November Session, December Session
Bball Court B | Ages 6 -9 years
5:15pm – 6pm

Dribble, Passing, Shooting and Teamwork! These are the core skills emphasized in our basketball clinics designed to nurture young athletes' abilities on the court.

3V3 BASKETBALL LEAGUE

Thursday: November Session, December Session
Bball Court B | Ages 10 -13 years
6pm – 7pm

Coed, beginner to intermediate level





LEARN MORE:
Trevor Gasiorowski
Sports Director
610.557.YMCA(9622), ext. 5013
610.557.9826 Direct
tgasiorowski@cyedc.org

SPRINGFIELD YMCA GYMNASTICS & ARTS

ARTS/SPORTS PROGRAMS
MONTHLY (4-WEEK) SESSION DATES:
NOVEMBER 2 – NOVEMBER 29
NOVEMBER 30– DECEMBER 27



MONDAY

SPONSORED BY: KLINE & SPECTER PC

GYMNASTICS
5:15pm – 6pm
Ages 4 – 5

GYMNASTICS 1
6:15pm – 7pm
Ages 6 – 8

Gymnastics is a fantastic sport for children.It not only helps improve their coordination and flexibility but also builds confidence and fosters a sense of discipline. Through gymnastics, children learn the importance of perseverance and dedication as they master new skills and routines. The supportive environment at Springfield YMCA encourages young gymnasts to challenge themselves while having fun.

TUESDAY

ME & YOU GYMNASTICS
9:30am – 10:15am
Ages 2 – 3 With Parent/Guardian

GYMNASTICS
5:15pm – 6pm
Ages 4 – 5

GYMNASTICS 1
6:15pm – 7pm
Ages 6 – 8

LITTLE CRAFTERS
4pm – 4:45pm
Ages 5 – 8
Child Watch

Explore a Unique Craft Theme each week. Ignite your child's creativity.

WEDNESDAY

GYMNASTICS
5:15pm – 6pm
Ages 4 – 5

GYMNASTICS 1
6:15pm – 7pm
Ages 6 – 8

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THURSDAY

ME & YOU GYMNASTICS
9:30am – 10:15am
Ages 2 – 3 With Parent/Guardian

GYMNASTICS 2
6:15pm – 7pm
Ages 6 and up

Instructor Approval Needed



LEARN MORE: Trevor Gasiorowski
Sports Director
610.557.YMCA(9622), ext. 5013
610.557.9826 Direct
tgasiorowski@cyedc.org



THE *Improve Coordination, Flexibility, and Confidence.* PLACE

HOOPSGIVING CLASSIC

BASKETBALL TOURNAMENT

SATURDAY, NOVEMBER 28

SPRINGFIELD YMCA
12PM – 3PM

Ages 18+

$10 per player
Members only
Prize for winners
Group play, and winners will qualify for playoff rounds

3 ON 3



BASKETBALL SHOOTING LAB SERIES

SPRINGFIELD YMCA

- **LAB 1: FRIDAY, NOVEMBER 27**

BOYS (AGES 11-15)
10:00am-11:30am

GIRLS (AGES 11-15)
11:30am-1pm

$60 PER MEMBER

- **LAB 2: TUESDAY, DECEMBER 29**

BOYS (AGES 11-15)
10:00am-11:30am

$60 PER MEMBER

Clinic Led by Pro Basketball Skill Development Expert Troy Daniel – recognized as one of the best in the world.
Troy trains athletes from professional levels, Division 1 colleges, and elite high schools. With over 30 years of experience, he has gained acclaim as one of the leading experts in professional basketball skill development globally. As a unique blend of former player, coach, scout, and master motivator, Coach Troy Daniel is committed to one goal: transforming players through precision, discipline, and exceptional fundamentals.



SPRINGFIELD YMCA

the Y YMCA

HAPPY NOON YEAR'S EVE PARTY!

THURSDAY, DECEMBER 31

10AM – 12:30PM

$10 PER CHILD

- MOON BOUNCE
- CRAFTS FOR KIDS
- WINTER THEMED OBSTACLE COURSE
- RESOLUTION WALL

FOOD, JUICE AND MUSIC



SPRINGFIELD YMCA

the Y YMCA

ARTS/SPORTS PROGRAMS
MONTHLY (4-WEEK) SESSION DATES:
NOVEMBER 2 – NOVEMBER 29
NOVEMBER 30– DECEMBER 27



Monday
BEGINNER LEVEL 1 PICKLEBALL CLINIC
9am to 10:30am
$75 member, $150 non-member

Monday
ADVANCED BEGINNER LEVEL 2 PICKLEBALL CLINIC
10:30am to 12:00pm
$75 member, $150 non-member

Monday
ADVANCED BEGINNER LEVEL 2 PICKLEBALL CLINIC
5:30pm to 7:00pm
$75 member, $150 non-member

Monday
INTERMEDIATE LEVEL 3 PICKLEBALL CLINIC
7:00pm to 8:30pm
$75 member, $150 non-member

Tuesday
DINKS, DROPS, & DRIVES LEVEL 4 PICKLEBALL CLINIC
5:30pm to 7:00pm
$75 member, $150 non-member

Tuesday Need Director/Instructor Approval
ADVANCED (4.0+) LEVEL 5 PICKLEBALL CLINIC
7:00pm to 8:30pm
Must have instructor approval or submit qualifications
$75 member, $150 non-member

Thursday
ADVANCED BEGINNER LEVEL 2 PICKLEBALL CLINIC
9am to 10:30pm
$75 member, $150 non-member

Thursday
ADVANCED BEGINNER LEVEL 3 PICKLEBALL CLINIC
10:30am to 12:00pm
$75 member, $150 non-member

Thursday
BEGINNER LEVEL 1 PICKLEBALL CLINIC
5:30pm to 7:00pm
$75 member, $150 non-member

Thursday
INTERMEDIATE LEVEL 3 PICKLEBALL CLINIC
7:00pm to 8:30pm
$75 member, $150 non-member

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LEARN MORE:
Trevor Gasiorowski
Sports Director
610.557.YMCA(9622), ext. 5013
610.557.9826 Direct
tgasiorowski@cyedc.org

THE *Live, Laugh and Play Pickleball* **PLACE**



PICKLE BALL

SPRINGFIELD YMCA

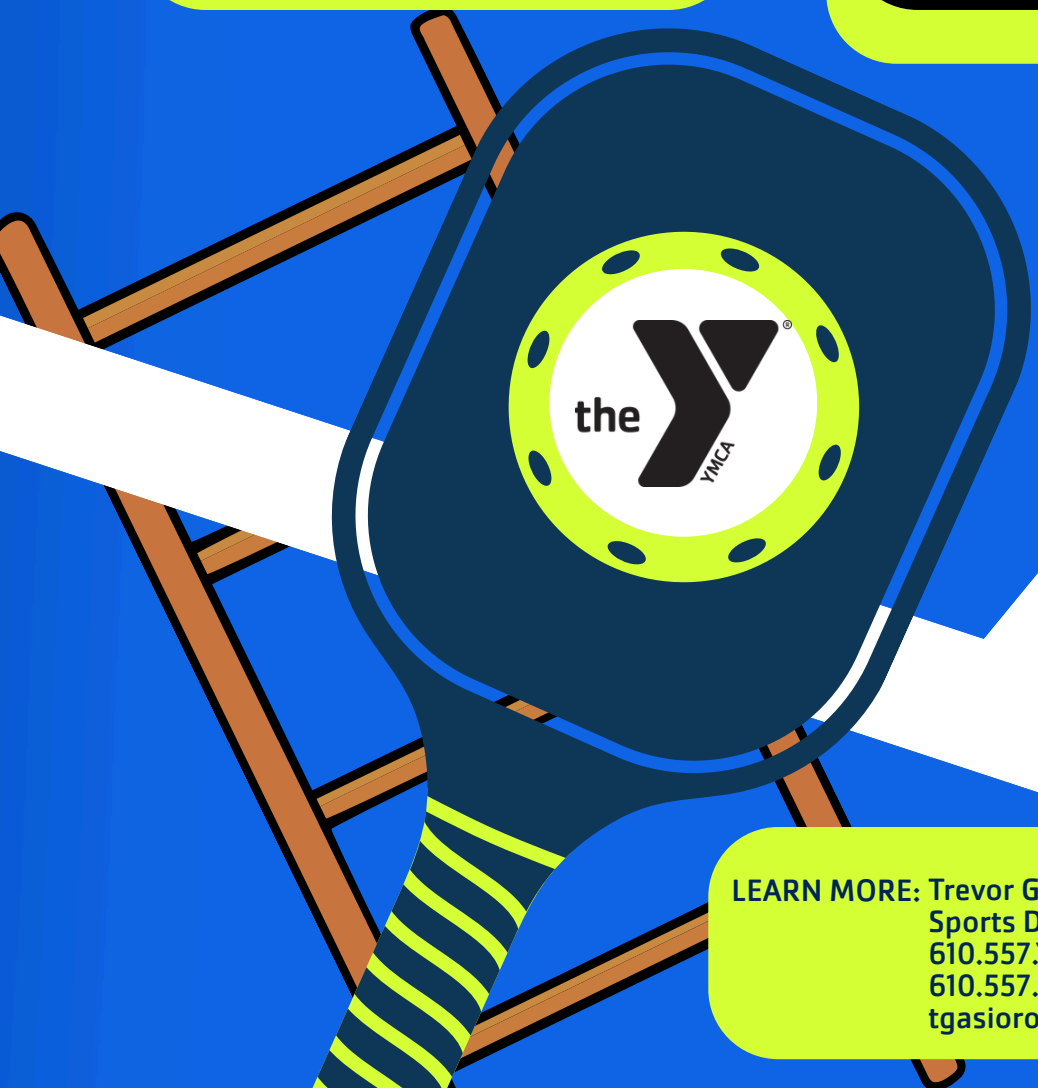
LADDER LEAGUE MONDAYS (18+)

INTERMEDIATE LEAGUE
4-6pm
Courts #3, #4, #5 & #6

ADVANCED LEAGUE
4-6pm
Courts #7 & #8

MONDAYS
NOVEMBER 2 - DECEMBER 14TH

$25 PER PLAYER



LEARN MORE: Trevor Gasiorowski
Sports Director
610.557.YMCA(9622), ext. 5013
610.557.9826 Direct
tgasiorowski@cyedc.org



SPRINGFIELD YMCA TENNIS

ARTS/SPORTS PROGRAMS
MONTHLY (4-WEEK) SESSION DATES:
NOVEMBER 2 – NOVEMBER 29
NOVEMBER 30– DECEMBER 27

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MONDAY ADULT LIVE BALL

7:00pm to 8:30pm

$30 Drop in Member Fee

TUESDAY HIGH SCHOOL DEVELOPMENT

Ages 12+ 5:30 to 7:00pm

$150 Member, $300 Non-Member

WEDNESDAY

Red Ball 4–4:45pm $75 Member, $150 Non-Member

Orange Ball 5–6pm $100 Member, $200 Non-Member

Green Ball 6–7pm $100 Member, $200 Non-Member

SATURDAYS

Cardio Tennis 9–10:30am $30 Drop in Member Fee

Red Ball 10:30–11:15am $100 Member, $200 Non-Member

Orange Ball 11:30am–12:30pm $75 Member, $150 Non-Member

Green Ball 12:30–1:30pm $100 Member, $200 Non-Member





THE *Play like a Champion* PLACE

LEARN MORE: Trevor Gasiorowski
Sports Director
610.557.YMCA(9622), ext. 5013
610.557.9826 Direct
tgasiorowski@cyedc.org

