



REGISTRATION OPENS

Monday, October 5
(Members)

Wednesday, October 7
(All)

www.cyedc.org
610.557.9622



YMCA of Eastern Delaware County

ARTS/SPORTS & SWIM LATE FALL PROGRAMS



LANDSDOWNE YMCA
2110 GARRETT ROAD
LANDSDOWNE, PA 19050
610.557 YMCA (9622) EXT. 1



RIDLEY AREA YMCA
900 SOUTH AVENUE
SECANE, PA 19018
610.557 YMCA (9622) EXT. 2



SPRINGFIELD YMCA
194 W. SPROUL RD
SPRINGFIELD, PA 19064
610.557 YMCA (9622) EXT. 3



SWIM LESSON PROGRAMS

8 WEEK SESSION DATES:

NOVEMBER 2 — DECEMBER 27



ARTS/SPORTS PROGRAMS

MONTHLY (4-WEEK) SESSION DATES:

NOVEMBER 2 — NOVEMBER 29
NOVEMBER 30 — DECEMBER 27

LANSDOWNE YMCA SWIM LESSONS

SWIM LESSON PROGRAMS
6 WEEK SESSION DATES:
NOVEMBER 2 - DECEMBER 27



8 WEEK SESSION:
PARENT/CHILD, PRESCHOOL
MEMBER \$84
NON-MEMBER \$168

SCHOOL AGE/TEEN/ADULT
MEMBER \$126
NON-MEMBER \$252

MONDAY

Parent & Child	4 - 4:30pm
Preschool 1	4 - 4:30pm
Preschool 2	4 - 4:30pm
School Age 1	4:35 - 5:15pm
School Age 2	4:35 - 5:15pm
School Age 3	4:35 - 5:15pm
Adult	9 - 9:40am 11 - 11:40am

FRIDAY

Preschool 1	4 - 4:30pm
School Age 1	4 - 4:40pm
School Age 3	4 - 4:40pm
School Age 5	4:45 - 5:25pm
Teen	4:45 - 5:25pm
Adult	9 - 9:40am 11 - 11:40am 4:45 - 5:25pm

SATURDAY

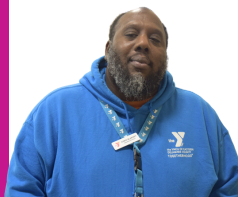
Parent & Child	8:40 - 9:10am
Preschool 1	8:40 - 9:10am 10:05 - 10:35am 11:20 - 11:50am
Preschool 2	8:40 - 9:10am 10:05 - 10:35am 11:20 - 11:50am
Preschool 3	10:05 - 10:35am 11:20 - 11:50am
School Age 1	9:15 - 9:55am 10:40 - 11:20am
School Age 2	9:15 - 9:55am 10:40 - 11:20am
School Age 3	9:15 - 9:55am
School Age 4	10:40 - 11:20am
School Age 5	12:00 - 12:40pm
Teen	12:00 - 12:40pm
Adult	12:00 - 12:40pm

WEDNESDAY

Preschool 1	4 - 4:30pm
Preschool 2	4 - 4:30pm
Preschool 3	4 - 4:30pm
School Age 1	4:35 - 5:15pm
School Age 2	4:35 - 5:15pm
School Age 4	4:35 - 5:15pm
Adult	10 - 10:40am 11 - 11:40am
Invinc-abilities	3:30 - 4pm

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OPENS**
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(Members)
Wednesday, October 7
(All)

www.cyedc.org
610.557.9622



LEARN MORE:
Chris Blakney
Aquatics Director
610.259.1661, ext. 3013
610.713.5244 Direct
cblakney@cyedc.org



THE
I Learned To Swim
PLACE

RIDLEY AREA YMCA SWIM LESSONS

SWIM LESSON PROGRAMS
8 WEEK SESSION DATES:
NOVEMBER 2 - DECEMBER 27



8 WEEK SESSION:
PARENT/CHILD, PRESCHOOL
MEMBER \$84
NON-MEMBER \$168

SCHOOL AGE/TEEN/ADULT
MEMBER \$126
NON-MEMBER \$252



MONDAY

Preschool 1	4:00 - 4:30pm
Preschool 3	4:00 - 4:30pm
School Age 2	4:35 - 5:15pm
School Age 3	4:35 - 5:15pm
School Age 5	7:05 - 7:45pm
Adult	11:35 - 12:15pm
Adult	7:50 - 8:30pm

TUESDAY

Preschool 1	4 - 4:30pm
Preschool 2	4 - 4:30pm
School Age 1	5:20 - 6:00pm
School Age 2	5:20 - 6:00pm
School Age 3	4:35 - 5:15pm
School Age 4	4:35 - 5:15pm
Adult	11:35 - 12:15pm

WEDNESDAY

Preschool 1	4:45 - 5:15pm
Preschool 2	4:45 - 5:15pm
School Age 1	4 - 4:40pm
School Age 2	4 - 4:40pm
School Age 4	7:05 - 7:50pm
Teen	7:50 - 8:30pm

THURSDAY

Preschool 2	4:45 - 5:15pm
Preschool 3	4:45 - 5:15pm
School Age 1	4 - 4:40pm
School Age 2	4 - 4:40pm
School Age 4	5:20 - 6:00pm
Adult	11:35 - 12:15pm

FRIDAY

Parent & Child	9:45 - 10:15am
Adult	10:20 - 11:00am

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LEARN MORE:
Ridley Area Aquatics Director
Jessica Ditondo
Aquatics Director
484.479.3407 Direct
jditondo@cyedc.org

SATURDAY

Parent & Child	8:10 - 8:40am
Preschool 1	8:50 - 9:20am
Preschool 1	10:10 - 10:40am
Preschool 2	8:50 - 9:20am
Preschool 2	10:10 - 10:40am
Preschool 3	8:50 - 9:20am
Preschool 3	10:10 - 10:40am
School Age 1	9:25 - 10:05am
School Age 1	10:45 - 11:25am
School Age 1	11:30 - 12:10pm
School Age 2	9:25 - 10:05am
School Age 3	9:25 - 10:05am
School Age 3	11:30 - 12:10pm
School Age 4	10:45 - 11:25am
School Age 5	10:45 - 11:25am
School Age 5	12:15 - 12:55pm
Teen	11:30 - 12:10pm
Teen	12:15 - 12:55pm
Adult	12:15 - 12:55pm

THE
Better with
Every Lesson
PLACE



RIDLEY AREA YMCA

ARTS & SPORTS



ARTS/SPORTS PROGRAMS
MONTHLY (4-WEEK) SESSION DATES:
NOVEMBER 2 – NOVEMBER 29
NOVEMBER 30 – DECEMBER 27

MONTHLY SESSIONS
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MONDAY

Science Seekers
12:30 – 1:15pm
3 – 6 years
Kitchen

Explore & Experiment! Come and ignite your child's passion for science with us!

MONDAY

Let's Tumble
1:30 – 2:15pm
3 – 6 years
Gym A

Our program enhances balance, strength, and agility, promoting coordination, confidence, and healthy habits from a young age.

MONDAY

Let's Tumble
6:10 – 6:40pm
6 – 8 years
Gym A

Our program enhances balance, strength, and agility, promoting coordination,

TUESDAY

Arts & Crafts
12:30 – 1:15pm
3 – 6 years
Kitchen

Create with friends! Activities like painting, crafting, and building inspire and engage young minds.

TUESDAY

Soccer
1:30 – 2:15pm
3 – 6 years
Gym A

Explore the fundamentals of soccer through enjoyable sessions that teach basic dribbling and goal-scoring techniques to develop essential skills.

TUESDAY

Baby Ballet
4:30 – 5:10pm
3 – 5 years
MPR

Ballet basics for beginners. Join us to watch your little ones shine on their toes!

TUESDAY

Silly Slime
5:15 – 6:00pm
5 – 8 years
Kitchen

Enjoy messy fun with slime while we handle the cleanup, letting your child's imagination flourish!

WEDNESDAY

Basketball
12:30 – 1:15pm
3 – 6 years
Gym A

Dribble, Pass, and Play Basketball! Come join us and see your child's confidence soar through the joy of play!

WEDNESDAY

Silly Slime
1:30 – 2:15pm
3 – 6 years
Kitchen

Icky fun, leave the mess to us! Let your child dive into the world of slime and watch their imagination come alive!

WEDNESDAY

Basketball
6:10 – 6:40pm
8 – 12 years
Gym A

Dribble, Pass, and Play Basketball! Emphasize teamwork, discipline, and game fundamentals, making sure every child feels valued and encouraged.

THURSDAY

Music Makers
12:30 – 1:15pm
3 – 6 years
MPR

Explore Instruments & Sounds! Let your child delve into the world of music with our interactive sessions.

THURSDAY

Little Chefs
1:30 – 2:15pm
3 – 6 years
Kitchen

Create tasty treats using recipes, allowing children to explore ingredients, learn about nutrition, and enjoy making delicious food from scratch.

THURSDAY

Little Chefs
6:15 – 7pm
4 – 8 years
Kitchen

Create tasty treats using recipes, allowing children to explore ingredients, learn about nutrition, and enjoy making delicious food from scratch.

FRIDAY

Play Group **9 – 9:30am** **Birth – 3 years** **Gym A**

NO COST! Socialize, connect with other children & parents!

SATURDAY

Tumbling Tots
9 – 9:35am
3 – 5 years
Gym A

Balance, Strength & Agility! Sign up today to watch your child grow, learn, and enjoy the joy of movement!

SATURDAY

Basketball
9:55 – 10:30am
4 – 7 years
Gym A

Dribble, Pass, and Play Basketball! Come join us and see your child's confidence soar through the joy of play!



LEARN MORE:
Haley Russo
Youth Development Director
610.544.1080, ext. 2208
484.479.3401
hruosso@cyedc.org



THE
Unleash your
Creativity
PLACE



PARENTS' NIGHT OUT

SLIME PARTY!

Friday, November 20th
6-9pm
Ridley Area YMCA

Parents,
Take the
opportunity to
enjoy a night out
while your kids
have a blast of
their own!

**Make your own
slime and more fun**

4 – 12 years

- **Pizza and juice box provided**

\$20 members

\$40 non-members



BREAKFAST

With Santa

Join us for a delightful morning brimming with joy, laughter, and festive spirit! Bring your little ones and create unforgettable memories while indulging in a tasty light breakfast bar, engaging in crafts, and capturing pictures with Santa Claus himself!

SUNDAY, DECEMBER 13
9 - 10:30 AM

RIDLEY AREA
YMCA

GYM C

\$10 Members
\$20 Non-Members



SPRINGFIELD YMCA SWIM LESSONS

SWIM LESSON PROGRAMS
8 WEEK SESSION DATES:
NOVEMBER 2 - DECEMBER 27



8 WEEK SESSION:
PARENT/CHILD, PRESCHOOL
MEMBER \$84
NON-MEMBER \$168

SCHOOL AGE/TEEN/ADULT
MEMBER \$126
NON-MEMBER \$252



MONDAY

Invincibility Parent & Child	4:20 - 5:00pm
Parent & Child	5:05 - 5:35pm
Preschool 1	5:05 - 5:35pm
Preschool 1	5:40 - 6:10pm
Preschool 2	5:05 - 5:35pm
Preschool 2	5:40 - 6:10pm
Preschool 3	5:40 - 6:10pm
Preschool 4	5:40 - 6:10pm
School Age 1	6:15 - 6:55pm
School Age 2	6:15 - 6:55pm
School Age 3	6:15 - 6:55pm
School Age 4/5	6:15 - 6:55pm

WEDNESDAY

Preschool 1	5:05 - 5:35pm
Preschool 2	5:05 - 5:35pm
Preschool 3	5:40 - 6:10pm
Preschool 4	5:40 - 6:10pm
School Age 1	6:15 - 6:55pm
School Age 2	6:15 - 6:55pm
School Age 3	6:15 - 6:55pm
School Age 4/5	6:15 - 6:55pm
Adult	9 - 9:40am

FRIDAY

Preschool 1	3:30 - 4:00pm
School Age 2	4:05 - 4:45pm
Teen (lap pool)	4:50 - 5:30pm

SATURDAY

Parent & Child	9am - 9:30am
Preschool 1	9:35 - 10:05am
Preschool 2	9:35 - 10:05am
Preschool 3	10:10 - 10:40am
Preschool 4	10:10 - 10:40am
School Age 1	10:45 - 11:25am
School Age 2	10:45 - 11:25am
School Age 3	11:25 - 12:05pm
School Age 4/5	11:25 - 12:05pm

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LEARN MORE:

Nikki Smith
Aquatics Director
610.557.9825 Direct
nsmith@cyedc.org



THE *Swim & Water Safety* **PLACE**



INVINCIBILITY

CHILD & ADULT (Parent/Caregiver) INCLUSION SWIM CLASS

SPRINGFIELD YMCA

**8-WEEK SESSION -
MONDAY AT 4:20PM
NOVEMBER 2 TO DECEMBER 27**



SAFE AND CLEAN

Well-maintained pools
with top safety
standards.



EXPERIENCED INSTRUCTORS

Led by instructors dedicated to a
positive experience.



FOCUSED ON AN ENCOURAGING LEARNING ENVIRONMENT

In this unique program, a parent,
guardian, or caregiver participates in
the water alongside the swimmer.



CALL US TODAY
610.557-9622



VISIT US ON THE WEB
www.cyedc.org

MEMBER \$126
NON-MEMBER \$252

**ENROLL TODAY!
SPACES ARE LIMITED.**

NIKKI SMITH
AQUATICS DIRECTOR
610.557.9825
NSMITH@CYEDC.ORG



SPRINGFIELD YMCA! LATE FALL SPORTS

ARTS/SPORTS PROGRAMS
MONTHLY (4-WEEK) SESSION DATES:
NOVEMBER 2 – NOVEMBER 29
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MONTHLY SESSIONS
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SOCCER LEAGUE

Saturdays: November 14 – December 19

Ages 3 –5 years 10am – 11am

Ages 6–9 years 11am – 12pm

\$75 (includes jersey)

MLS GO is Major League Soccer's recreational youth program dedicated to providing an inclusive and high-quality soccer experience for all.

By offering a structured, community-based program with connections to a developmental pathway, we aim to break down barriers and make soccer accessible to all.



FLAG FOOTBALL LEAGUE

Sundays: November 15 – December 20

Ages 8 –12 years 10:30am – 12pm

\$85 (includes jersey)

Flag Football is not about who you are. It is about who you become.

Shape the game, create the play, and make it yours in a sport built for confidence, connection, and the next generation of athletes.



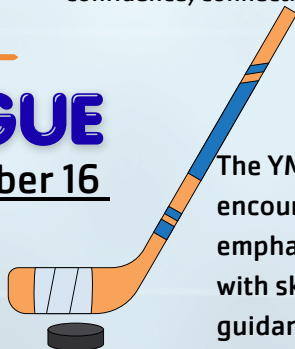
DECK HOCKEY LEAGUE

Wednesdays: November 4 – December 16

(No program 11/25)

Ages 8 –12 years 7pm – 8pm

\$75 for members



The YMCA provides equipment, but players are encouraged to bring their own. Join our beginner league emphasizing gameplay and skill development, starting with skills and drills, followed by gameplay with coach guidance.

SPORTS SAMPLER

Wednesday: November Session, December Session

Blue Turf | Ages 3 –5 years

5:15 pm – 6:00 pm

Exposes young athletes to a variety of sports.



BASKETBALL CLINICS

Thursday: November Session, December Session

Bball Court B | Ages 6 –9 years

5:15pm – 6pm



Dribble, Passing, Shooting and Teamwork! These are the core skills emphasized in our basketball clinics designed to nurture young athletes' abilities on the court.

3V3 BASKETBALL LEAGUE

Thursday: November Session, December Session

Bball Court B | Ages 10 –13 years Coed, beginner to intermediate level

6pm – 7pm



LEARN MORE:
Trevor Gasiorowski
Sports Director
610.557.YMCA(9622), ext. 5013
610.557.9826 Direct
tgasiorowski@cycledc.org

SPRINGFIELD YMCA GYMNASTICS & ARTS



ARTS/SPORTS PROGRAMS
MONTHLY (4-WEEK) SESSION DATES:
NOVEMBER 2 - NOVEMBER 29
NOVEMBER 30 - DECEMBER 27



MONDAY

SPONSORED BY: **KLINE & SPECTER** PC

GYMNASTICS

5:15pm - 6pm
Ages 4 - 5

GYMNASTICS 1

6:15pm - 7pm
Ages 6 - 8

Gymnastics is a fantastic sport for children. It not only helps improve their coordination and flexibility but also builds confidence and fosters a sense of discipline. Through gymnastics, children learn the importance of perseverance and dedication as they master new skills and routines. The supportive environment at Springfield YMCA encourages young gymnasts to challenge themselves while having fun.

TUESDAY

ME & YOU GYMNASTICS

9:30am - 10:15am
Ages 2 - 3 With Parent/Guardian

GYMNASTICS

5:15pm - 6pm
Ages 4 - 5

GYMNASTICS 1

6:15pm - 7pm
Ages 6 - 8

LITTLE CRAFTERS

4pm - 4:45pm
Ages 5 - 8
Child Watch
Explore a Unique Craft Theme each week. Ignite your child's creativity.

WEDNESDAY

GYMNASTICS

5:15pm - 6pm
Ages 4 - 5

GYMNASTICS 1

6:15pm - 7pm
Ages 6 - 8

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THURSDAY

ME & YOU GYMNASTICS

9:30am - 10:15am
Ages 2 - 3 With Parent/Guardian

GYMNASTICS 2

6:15pm - 7pm
Ages 6 and up

Instructor
Approval
Needed

LEARN MORE: Trevor Gasiorowski
Sports Director
610.557.YMCA(9622), ext. 5013
610.557.9826 Direct
tgasiorowski@cyedc.org



THE
Improve
Coordination,
Flexibility, and
Confidence.
PLACE

HOOPSGIVING CLASSIC **BASKETBALL** TOURNAMENT



SATURDAY, NOVEMBER 28



SPRINGFIELD YMCA
12PM – 3PM

Ages 18+

\$10 per player
Members only
Prize for winners
Group play, and
winners will qualify
for playoff rounds

3 ON 3





BASKETBALL SHOOTING LAB SERIES

SPRINGFIELD YMCA



• **LAB 1: FRIDAY, NOVEMBER 27**

BOYS (AGES 11-15)

10:00am-11:30am

GIRLS (AGES 11-15)

11:30am-1pm

\$60 PER MEMBER

• **LAB 2: TUESDAY, DECEMBER 29**

BOYS (AGES 11-15)

10:00am-11:30am

\$60 PER MEMBER

Clinic Led by Pro Basketball Skill Development Expert Troy Daniel – recognized as one of the best in the world.

Troy trains athletes from professional levels, Division 1 colleges, and elite high schools. With over 30 years of experience, he has gained acclaim as one of the leading experts in professional basketball skill development globally. As a unique blend of former player, coach, scout, and master motivator, Coach Troy Daniel is committed to one goal: transforming players through precision, discipline, and exceptional fundamentals.



SPRINGFIELD YMCA



HAPPY NOON YEAR'S EVE PARTY!

THURSDAY, DECEMBER 31

10AM - 12:30PM

**\$10 PER
CHILD**

- MOON BOUNCE
- CRAFTS FOR KIDS
- WINTER THEMED OBSTACLE COURSE
- RESOLUTION WALL

FOOD, JUICE AND MUSIC





Monday

BEGINNER LEVEL 1 PICKLEBALL CLINIC

9am to 10:30am

\$75 member, \$150 non-member

Monday

ADVANCED BEGINNER LEVEL 2 PICKLEBALL CLINIC

10:30am to 12:00pm

\$75 member, \$150 non-member

Monday

ADVANCED BEGINNER LEVEL 2 PICKLEBALL CLINIC

5:30pm to 7:00pm

\$75 member, \$150 non-member

Monday

INTERMEDIATE LEVEL 3 PICKLEBALL CLINIC

7:00pm to 8:30pm

\$75 member, \$150 non-member

Tuesday

DINKS, DROPS, & DRIVES LEVEL 4 PICKLEBALL CLINIC

5:30pm to 7:00pm

\$75 member, \$150 non-member

Tuesday

Need Director/Instructor Approval

ADVANCED (4.0+) LEVEL 5 PICKLEBALL CLINIC

7:00pm to 8:30pm

Must have instructor approval or submit qualifications

\$75 member, \$150 non-member

Thursday

ADVANCED BEGINNER LEVEL 2 PICKLEBALL CLINIC

9am to 10:30pm

\$75 member, \$150 non-member

Thursday

ADVANCED BEGINNER LEVEL 3 PICKLEBALL CLINIC

10:30am to 12:00pm

\$75 member, \$150 non-member

Thursday

BEGINNER LEVEL 1 PICKLEBALL CLINIC

5:30pm to 7:00pm

\$75 member, \$150 non-member

Thursday

INTERMEDIATE LEVEL 3 PICKLEBALL CLINIC

7:00pm to 8:30pm

\$75 member, \$150 non-member

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THE
*Live, Laugh
and Play*
**Pickleball
PLACE**

LEARN MORE:

Trevor Gasiorowski
Sports Director
610.557.YMCA(9622), ext. 5013
610.557.9826 Direct
tgasiorowski@cyedc.org



PICKLE BALL

SPRINGFIELD YMCA

MONDAYS
NOVEMBER 2 -
DECEMBER 14TH

LADDER LEAGUE MONDAYS (18+)

INTERMEDIATE LEAGUE

4-6pm

Courts #3, #4, #5 & #6

ADVANCED LEAGUE

4-6pm

Courts #7 & #8

\$25
PER
PLAYER

the



LEARN MORE: Trevor Gasiorowski
Sports Director
610.557.YMCA(9622), ext. 5013
610.557.9826 Direct
tgasiorowski@cyedc.org



SPRINGFIELD YMCA TENNIS



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MONDAY ADULT LIVE BALL

7:00pm to 8:30pm

\$30 Drop in Member Fee

TUESDAY HIGH SCHOOL DEVELOPMENT

Ages 12+ 5:30 to 7:00pm

\$150 Member, \$300 Non-Member

WEDNESDAY

Red Ball 4–4:45pm \$75 Member, \$150 Non-Member

Orange Ball 5–6pm \$100 Member, \$200 Non-Member

Green Ball 6–7pm \$100 Member, \$200 Non-Member

SATURDAYS

Cardio Tennis 9–10:30am \$30 Drop in Member Fee

Red Ball 10:30–11:15am \$100 Member,
\$200 Non-Member

Orange Ball 11:30am–12:30pm \$75 Member,
\$150 Non-Member

Green Ball 12:30–1:30pm \$100 Member, \$200 Non-Member



THE *Play like a Champion* **PLACE**

LEARN MORE: Trevor Gasiorowski
Sports Director
610.557.YMCA(9622), ext. 5013
610.557.9826 Direct
tgasiorowski@cyedc.org

